

Track and Field "Practice Meet"



July 12, 2014: D.W. Rutledge Stadium/Judson High School
900 S. Seguin Rd, Converse , Texas 78109

Meet Schedule: Rolling Schedule (All Field Events and Running Events)

Meet Director: Joseph Parker , 210-834-3282 txathletics@yahoo.com

FEE: \$5.00 pay at the event Registration begins at 6 a.m.

SPECTATOR FEE: \$5.00

AGE: 5 - 18

TIME: 7:00 AM – to completion of rolling schedule

* Competitors should bring their own implements to be used at Meet.

- This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.
- Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership

Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.

FOR MORE INFORMATION:

Joseph Parker

210-834-3282 email: txathletics@yahoo.com



South Texas District
of the
Amateur Athletic Union

7:00 A.M. START TIME WITH “A ROLLING SCHEDULE”

“Subject to Change on event day”

3000 METER RUN.....SM 11U-M 12u-SY13u-Y14u-I 15-16 YM/W 17-18

4 X 100 METER RELAY.....ALIDIVISIONS

800 METER RUN.....ALL DIVISIONS

110 METER HURDLES (10-39”).....IB-YM Age 15-16

100 METER HURDLES (10-33”).....SYB, YB, IG, YW Age 13u-16u

100 METER HURDLES (10-30”).....SYG,YG Age 13-14

80 METER HURDLES (8-30”).....SM-M-B&G Age 9u-12u

100 METER DASH.....ALL DIVISIONS

4 X 800 METER RELAY.....Y-I-YM/W Age 15-18

400 METER DASH.....ALL DIVISIONS

400 METER HURDLES (10-36”).....IB-YM Age 15-18 (Subject to change)

400 METER HURDLES (10-30”).....IG-YW Age 15-18 (Subject to change)

200 METER HURDLES (8-30”).....SYG-SYB, YG-YB Age 13-14

200 METER DASH.....ALL DIVISIONS

1500 METER RUN.....ALL DIVISIONS

4 x 400 METER RELAY.....B--M--Y-I-YM/W Age 9u-18

MEET

ORDER OF FIELD EVENTS

“Subject to Change on event day”

8:00 – Boys Shot Put
Girls Discus

Primary THRU Midget Boys/Girls Long Jump Pit 1 8u-12u

Sub-Bantam THRU Midget Boys/Girls High Jump Pit 1 9u-12u

9:00 - Girls Pole Vault (When Available)

9:30 – Young Men Long Jump Pit 1 Age 17-18
Young Women Long Jump Pit 2 Age 17-18

10:00 – Boys Discus
Girls Shot Put

SY & Youth Boys High Jump Pit 1 Age 13-14
SY & Youth Girls High Jump Pit 2 Age 13-14

Boys Pole Vault (When Available)

11:00 – SY & Youth Boys Long Jump Pit 1 Age 13-14
SY & Youth Girls Long Jump Pit 2 Age 13-14
Javelin All Divisions

11:30- Javelin All Divisions starting with the Turbo Javelin (Note: No other Javelin will be in use until Turbo is completed)

12:00 – Intermediate Boys & Young Men High Jump Pit 1 Age 15-16
Intermediate Girls & Young Woman High Jump Pit 2 Age 15-16

1:00 – Boys Triple Jump Pit 3
Girls Triple Jump Pit 3