



MINNESOTA AAU
DISTRICT QUALIFIER TRACK AND FIELD MEET
JUNE 22 & 23 2013

This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.

- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.ausports.org to obtain their membership.

Location: Brooklyn Center High School
6500 Humboldt Ave.
Brooklyn Center, MN 55430

Advancement: For an athlete to advance to a National Qualifier, he/she must compete in a sanctioned AAU District Qualifier in order to be eligible to compete in a National Qualifier. THE TOP 16 FINISHERS IN EACH EVENT WILL ADVANCE TO THE AREA 18 NATIONAL QUALIFIER ONLY (MN, IA, NE). AN ATHLETE MAY ONLY ADVANCE TO THE NATIONAL QUALIFIER IN THE EVENT(S) IN WHICH HE/SHE QUALIFIED AT THE DISTRICT.

Awards: AAU Medals will be awarded to the top three performers in each event

Host: Track Minnesota Elite



Meet Format :

RUNNING EVENTS: will be on a “rolling schedule”. An approximate time schedule will be provided, however since there is no way to accurately predict the number of participants, the number of heats needed in each event is uncertain. Running events will be contested from youngest age to oldest, girls’ heats first. Age groups will be combined when appropriate.
IMPORTANT NOTE: Preliminary heats with 8 contestants or fewer will be run as a final.

HORIZONTAL JUMPS AND THROWING EVENTS: Competitors will be given 4 attempts, cafeteria style within age groups. At check-in the event official will establish a specific time by which all attempts in that age group must be completed.

Age Divisions : The athlete’s year of birth determines the competitive division as follows:

Ages 8 & under	2005 & after
Age 9	2004
Age 10	2003
Age 11	2002
Age 12	2001
Age 13	2000
Age 14	1999
Ages 15 & 16	1998-1998
Ages 17 & 18*	1995-1996

*Athletes who are 18 years old through the final day of the National AAU Track and Field Meet will be eligible to compete in the Young Men and Young Women’s divisions. Note: Effective 2013, the AAU track & field age groups will no longer be classified by names. Age categories only will be used:

Pole Vault, Multi events, Steeplechase : Pole Vault, Steeplechase and Multi events will not be contested in the District Qualifier. Athletes wishing to enter these events at a National Qualifier will be allowed to do so at www.coacho.com

Eligibility: Current AAU membership is required. Memberships can be obtained and/or renewed online at www.aausports.org

Cost: Cost will be \$20.00 per athlete.

ADMISSION: General Public -- \$5.00 (ages 5 and under free)
Coaches – 1 coach free admission per team (all others must pay)

Inclement weather: Weather related delays or scheduling changes will be at the sole discretion of the Meet Director.

How to Register : ENTRIES WILL ONLY BE ACCEPTED ONLINE AT www.coacho.com

Go to www.coacho.com

Click on : Online Registration

Click on: Enter a meet – Meets are listed by date – Find the Minnesota District Qualifier (June 22 & 23).

Log-in or Register , if you have not already registered.

Search for your team. If it has not already been created, the site walks you through how to create your team after the search.

If you are unattached (no team) you must select UNATTACHED as YOUR TEAM NAME.

Create your team rosters (girls and boys), including birthdates.

Online registration will not be opened after 11:59 p.m. on June 19, 2013.

Revisions to team rosters and events can be made online before the registration deadline. Once registration closes all questions should be directed to Jack Mayeron, Meet Director (cell: 612-850-1990).

THERE WILL BE NO EXCEPTIONS AND NO DAY OF MEET REGISTRATION WILL BE PERMITTED.

Event Limits : Ages 11 and younger: Maximum of 3 events.
Ages 12 and over: Maximum of 4 events.

Relay Limits : Participation on a relay will count as one of the athlete's individual entries and counts toward the maximum number of events allowed.
Relay teams will consist of 4 members and can list up to 4 alternates.

Tents, Canopies & camps: Tents and canopies will be permitted only in the top 3 rows of bleachers. No team camps, with or without tents or canopies will be permitted in the infield.

No dogs, except service dogs permitted inside the stadium.

Spikes: Maximum spike size is ¼" pyramid type. Needle spikes will not be permitted.

Protests: Protests relating to matters that develop during the conduct of the meet must be made to the Meet Director in writing. Protests must be filed not more than 30 minutes after results have been announced. A \$75.00 cash deposit must accompany the protest. The Referee shall follow the 2013 AAU Athletics handbook and the USATF Rulebook in rendering a decision. The Referee's decision may be appealed to the Jury of Appeals, whose decision will be final
DEPOSIT WILL BE FOFETED IF THE PROTEST IS DENIED.

Meet officials: Meet Directors: Melvin Anderson Email: aautrackdirector@gmail.com

Jack Mayeron Email: jcmayeron@yahoo.com

Online Entry & Results Josh Gerber, Wayzata Results.com
Email: josh@wayzatarresults.com

MINNESOTA AAU TRACK AND FIELD
DISTRICT QUALIFIER – JUNE 22 & 23, 2013

NOTE: WE WILL BE ON A ROLLING SCHEDULE - TIMES ARE APPROXIMATE

SATURDAY TRACK SCHEDULE

10:30	100 METER PRELIMS/FINALS - RUN AS FINAL IF 8 OR FEWER REPORT
12:15	200/400 METER HURDLES
12:45	200 METER PRELIMS/FINALS - RUN AS FINAL IF 8 OR FEWER REPORT
2:30	1500 METER FINALS
3:15	4 X 100 METER RELAY FINALS
4:15	4 x 400 METER RELAY FINALS

SATURDAY FIELD SCHEDULE

	High Jump	Long Jump	Shot Put	Discus
9:30	SMG & MG	SYG & YG	IG & YW	SYB & YB
10:30	SMB & MB	SYB & YB	IB & YM	SYG & YG
11:15	IG & YW	PG & PB	SYG & YG	SMG & MG
12:00	IB & YM	SMB & MB	SYB & YB	SMB & MB
12:45	SYG & YG	IG & YW	SMG & MG	IG & YW
1:30	SYB & YB	IB & YM	SMB & MB	IB & YM
2:15	SBG & BG			
3:00	SBB & BB			

SUNDAY TRACK SCHEDULE

9:45	RACE WALK
10:15	3000 METER RUN
11:00	80/100/110/ METER HURDLE FINALS
11:30	100 METER FINALS
12:15	400 METER FINALS
2:00	800 METER FINALS
2:45:	200 METER FINALS
3:30	4 x 800 METER FINALS

SUNDAY FIELD SCHEDULE

	LONG JUMP	TRIPLE JUMP	SHOT	JAVELIN
9:00	SMG & MG		SBG & BG	
10:00	SBG & BG		PG & PB	
10:45	SBB & BB		SBB & BB	
11:30		ALL CONTESTANTS FLIGHTS TO BE DETERMINED AFTER REGISTRATION		ALL CONTESTANTS FLIGHTS TO BE DETERMINED AFTER REGISTRATION

