MOE-HILLS INVITATIONAL Track & Field Lakota West High School July 12, 2014 Cincinnati, OH



DATE: July 12, 2014

LOCATION: Lakota West High School

8940 Union Centre Blvd West Chester

Cincinnati, Ohio 45069

HOST: MOE-HILLS: http://www.moehills.org/athletes.php

ENTRY DEADLINE: July 9, 2014 register at www.coacho.com

FEE: \$15 per athlete

AGE: 6- 18 (age as of 12/31/14)

TIME: 9:15 a.m. Field Events. 10 a.m. Running Events

ORDER OF EVENTS:

3000 Meters, 80/100/110 Hurdles, 100 Meters, 1500 Meters, 4x100 Meter Relay, 400 Meters, 200/400 Hurdles, 800 Meters, 200 Meters, 4x400 Meter Relay. All races will be run as a timed final. We reserve the right to combine age groups and genders in distance events.

ADMISSION: \$5 6 & under free

Field Events*

*Competitors should bring their own implements to be used at Meet.

- This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.
- BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.
- Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership

FOR MORE INFORMATION: LonZell Hill

206-240-8772 ph

moehills@yahoo.com www.moehills.org