



Chaz Lytle Baseball



CHAZ LYTLE BASEBALL PLAYER DEVELOPMENT OPEN HOUSE

SUNDAY, OCTOBER 5TH
9:00 AM - 1:00 PM
Ages 8 - 18

Take advantage of the modern and traditional training methods under the expertise of Professional Coaches.

9:00 am - 10:00 am
ProMirror Video Analysis

analyze your swing and break it down using grids, flip and split screen technology. Give you the ability to compare yourself to MLB players. Learn how to make your swing work for you!

10:00 am - 11:00 am

Hack Attack Pitching Machine
** throws major league curveballs*
Iron Mike Pitching Machine
** throws REAL baseballs*

11:00 am - 12:00 noon

**CrossOver Symmetry Band and
Bat Handle Resistance Band Workouts**

** Learn preventative care of your rotator cuff, strengthen your arm / wrist and develop muscle memory!*

12:00 noon - 1:00 pm

Visual Eye Training

** Train your eye to slow the ball down and know what the pitch is. See the ball, hit the ball!*

1:00 pm - FREE RAFFLE!!

www.orlandobaseballlessons.com
lessons@orlandobasballlessons.com
407-951-6924

Meet Chaz Lytle...



- 2003 South Atlantic MiLB Pittsburgh Pirates Batting Title
- 2002 - present: UGA All-Time Stolen Base Champ (31)
- 2008 MLB Scout School Graduate
- 2004 MVP Pittsburgh Pirates Hickory Crawdads
- 2003 MiLB Hickory Crawdads MVP
- 2002 NCAA Division 1 All-Region Team
- 2002 SEC All-SEC Team
- 2002 UGA Single Season Hits Record (108)
- UGA Third All-Time Single Season Hits
- 2002 UGA Triples Season Hits Record (7)
- UGA Fourth All-Time Single Season Triples Record
- 2001 Daytona State, NJCAA All American
- 2000-2001 DBCC Outstanding Offensive Player of Year
- 1997 American Legion World Series Winning Pitcher
- 1999 FACA High School All-Star
- 1999 Drafted by the Mets out of HS as a LHP Pitcher

FREE RAFFLE



**FREE LESSON
INSIGNIA GLOVE
NIKE BATTING GLOVES**



FREE registration at
www.orlandobaseballlessons.com
Drawing will take place at 1:00 pm.
You do not have to be present to win.

- This event is licensed by the Amateur Athletic Union of the U. S., Inc.
 - All participants must have a current AAU membership.
 - AAU membership may not be included as part of the entry fee to the event.
 - AAU Youth Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.
 - **Be Prepared:** Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.
 - Participants are encouraged to visit the AAU web site www.ausports.org to obtain their membership.
- Note: Any contacts listed within this flyer MUST have a current valid AAU Membership.

Event Director: Laura Porter 407-951-6924 lessons@orlandobaseballlessons.com