

**South Texas AAU
Cheerleading
TXAAUYFL Cheer Championship**

November 6, 2016

Hosted by TXAAUYFL
TXAAUYFL, Selma, TX



AGE GROUPS: All Ages, All Ages
ENTRY FEE: \$150.00
ENTRY FEE PAYABLE TO: TXAAUYFL
ENTRY DEADLINE: October 14, 2016
SIGN UP AT: www.TXAAUYFL.com
AWARDS: TOP Team in Each Age Division

RULES:

Competition Requirements

?Routine must be 2.30 minutes in total length.

?Routine

MUST include 30 seconds of dance (does not have to be consecutive). Stunting with music is not considered part of "dance".

?Routine **MUST** include at least

ONE connecting pyramid with **ALL** cheerleaders taking an active part-this **CAN** include cheerleaders tumbling during the formation. (Flag and Mighty Mites are exempt from Pyramids*)

?Routine **MUST** include no less than 2 cheers and 2 chants.

In addition, chants or cheers **MUST** be used during stunting transitions.

?Routine

MUST contain at least 2 jumps performed by the entire squad. This can be in a cheer, part of a dance, etc. (Flag is exempt from jumps*)

?Stunting **CAN BE**

performed with or without music and **CAN** be part of any cheer or chant.

?Cheers

MUST include crowd engagement.

?Props can be used including signs, pom poms,

flags, megaphones, banners but **CANNOT** be handled by Flyers, Back Spots or Bases **WHILE** LOADING INTO a stunt or dismounting. Props used **IN** stunts by a Flyer **MUST** be handed to Flyer once Flyer is set. Sign or poms **CAN BE** used to take a stunt from a half to a full once Flyer has been given the prop.

?Any prop that is

discarded **DURING** the routine **MUST** land on the mat. Deductions will be given for props landing **OFF** the mat/designated floor.

?Any cheerleader who performs

the routine off the mat/designated floor area will receive a deduction for her team.

?Spirting is strongly encouraged when taking and exiting the floor.

Please keep excessive spiriting to a minimum in order to maintain the flow of the competition.

?Timing will **NOT** begin until the first word, movement or music begins and will conclude with the finale of the routine.

?Tumbling in the routine

is **PURELY** optional and is **NOT** required at any level.

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(6u)FLAG CHEER: Ages

4, 5, 6

?No more than 25 flag cheerleaders on a roster.

?Mascots or cheerleaders

under the age of 4 are **NOT** permitted.

?Stunting **CANNOT** exceed thigh stand level

but can be performed at **LOAD IN** level only. No halves, fulls or basket tosses are allowed in this division.

?Jumps are **NOT** required in the Flag division.

(8u)FRESHMAN:

Ages 7, 8

?No more than 35 Mighty Mite cheerleaders on a roster.

?Stunting

CANNOT exceed **LOAD IN** (waist level) but **CAN** include all skilled stunts in the **THIS** level **ONLY** (waist/load in position) such as heel stretch, Liberties, Arabesque, etc. provided the Coach adheres to safety (see Terminology for stunt explanations)

?Absolutely

NO basket tosses at this level.

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(10u)JUNIOR VARSITY: Ages 9, 10

(12u) VARSITY:

Ages 11, 12, 13

?No more than 35 Pee Wee/Junior Varsity cheerleaders on a roster.

?Stunting levels include all skilled stunts at Elevator (half) or extension

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for memberships to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.