

ALL-STARS INDOOR SERIES

FRIDAY JANUARY 3, 2014.

1600 Meter Run
200 Meter Dash
800 Meter Run
60 Meter Hurdles – Timed Finals
60 Meter Dash – Timed Finals
400 Meter Run
3200 Meter Run

THURSDAY JANUARY 9, 2014.

3200 Meter Run
(maximum one heat each gender)
800 Meter Run
60 Meter Hurdles – Timed Finals
60 Meter Dash – Timed Finals
1600 Meter Run
400 Meter Run
200 Meter Dash
4 x 200 Meter Relay

THURSDAY JANUARY 23, 2014.

3200 Meter Run
(maximum one heat each gender)
4 x 800 Meter Relay
4 x 200 Meter Relay
400 Meter Run
60 Meter Hurdles – Timed Finals
60 Meter Dash – Timed Finals
1600 Meter Run
200 Meter Dash

Wednesday January 29, 2014

1600 Meter Run
FRESHMAN 1600 Meter Run
4 x 400 Meter Relay
60 Meter Hurdles – Timed Finals
60 Meter Dash – Timed Finals
800 Meter Run
4 x 200 Meter Relay
Distance Medley Relay (1200 – 400 – 800 – 1600)
200 Meter Dash

Wednesday February 12, 2014

1600 Meter Run
60 Meter Dash – Timed Finals
60 Meter Hurdles – Timed Finals
Distance Medley Relay (1200 – 400 – 800 – 1600)
(Maximum one heat per gender)
400 Meter Run
4 x 400 Meter Relay
4 x 200 Meter Relay
4 x 800 Relay
800 Meter Run

- ? This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- ? All participants must have a current AAU membership.
- ? AAU membership may not be included as part of the entry fee to the event.
- ? AAU membership must be obtained before the competition Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.