



## 2017 AAU MIDWEST REGIONAL GYMNASTICS CHAMPIONSHIP

May 5-7, 2017



- Facility:** UW Health Sports Factory      **Parking:** Free on-site  
305 S. Madison Street  
Rockford, IL 61104  
(815) 966-8770
- Meet Director/Host:** Doug Jonuska, AAU Central District Chairman & 360 Sports  
doug@360sports.events  
  
(Office) 608-314-0333      [www.360sports.events](http://www.360sports.events)  
(Cell) 608-359-5266
- Who:** This competition is open to any AAU member gymnast who belongs to a club in the Midwest Region. Please see included map of the Midwest Region\*. Any club west of the Midwest Region may also attend.
- Levels:** All Women's AAU Levels
- Rules:** AAU National Rules as published on the AAU website – [www.augymnastics.org](http://www.augymnastics.org)
- Equipment:** SA Sport provided by GymLinks Equipment Inc.
- Entry Deadline:** **March 29, 2017**  
*A \$10 late fee per athlete will apply to entries after this deadline.*
- Entry Fees:** \$80.00 per Women athlete  
FREE Regional Team Award (3 event scores per level regardless of age per District)  
\$30.00 per club Team (3 athletes or more per level, 3 scores count)
- Registration:** Registration is Online ONLY – Registration processing fee is 3% if paying with an electronic check - ACH. There is an additional 3% convenience fee if using a credit/debit card. Go to [www.360sports.events](http://www.360sports.events) and click on the link to register.
- Refunds:** No refunds.
- Age Divisions:** Will be determined by the entries.
- Age Determination Date:** The age of a competitor is determined by the athlete's age on the first day of the competition.
- Awards:** Awards are provided for each skill level and age division. Every athlete will be awarded an AAU All-Around Medal. Individual event medals are awarded to the top

50% + 1 within each age division. Team banners are awarded to the top 50% per level.

Club Team Awards will be for the top 50%

Regional Team Awards will recognize the top three (3) teams per District. Each gymnast with a contributing score will be named to the District Team and receive a Star Designation Pin to place on her Regional Patch. Every gymnast receives a Regional Patch.

Regional All American Award awarded to the highest All-Around Score per level/session

**AAU Membership:**

All athletes and coaches must have a 2016-17 membership. For more information on AAU Membership, or to purchase your athlete or non-athlete membership, go to [www.aaugymnastics.org](http://www.aaugymnastics.org).

- Coaches MUST bring athlete's AAU cards to the meet.
- AAU membership may not be included as part of the meet entry fee.
- AAU Youth Athlete membership must be obtained before the competition.  
*Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow 10 days for membership to be processed.*

**Housing:**

We make every effort to provide the best quality experience for athletes, coaches and families that participate in our events. We have carefully selected the host and partner hotels. These properties are ready to work with you providing the best accommodations at a great price. Please visit [www.360sports.events](http://www.360sports.events) for a list of these hotels and their special meet rates. Please avoid making reservations using other online travel engines or staying at hotels not on the list. Use the code: AAU Midwest Regional to get the best rate.

**Holiday Inn Express – Loves Park** - 815-654-4100

7552 Park Place, Loves Park IL 61111

**Holiday Inn – Rockford** - 815-398-2200

7550 E. State, Rockford IL 61108

**Garden Hotel & Conference Center** - 815-414-3600

200 Dearborn Avenue, South Beloit IL 61080

**Cliff breakers Riverside Hotel & Conference Center** - 815-282-3033

700 West Riverside Blvd., Rockford IL 61103

**Airports:**

**Chicago/Rockford International Airport** - Rockford IL 4.9 miles

**Dane County Regional Truax Field** - Madison WI 76.1 miles

**Chicago O'Hare International Airport** - Chicago IL 75.5 miles

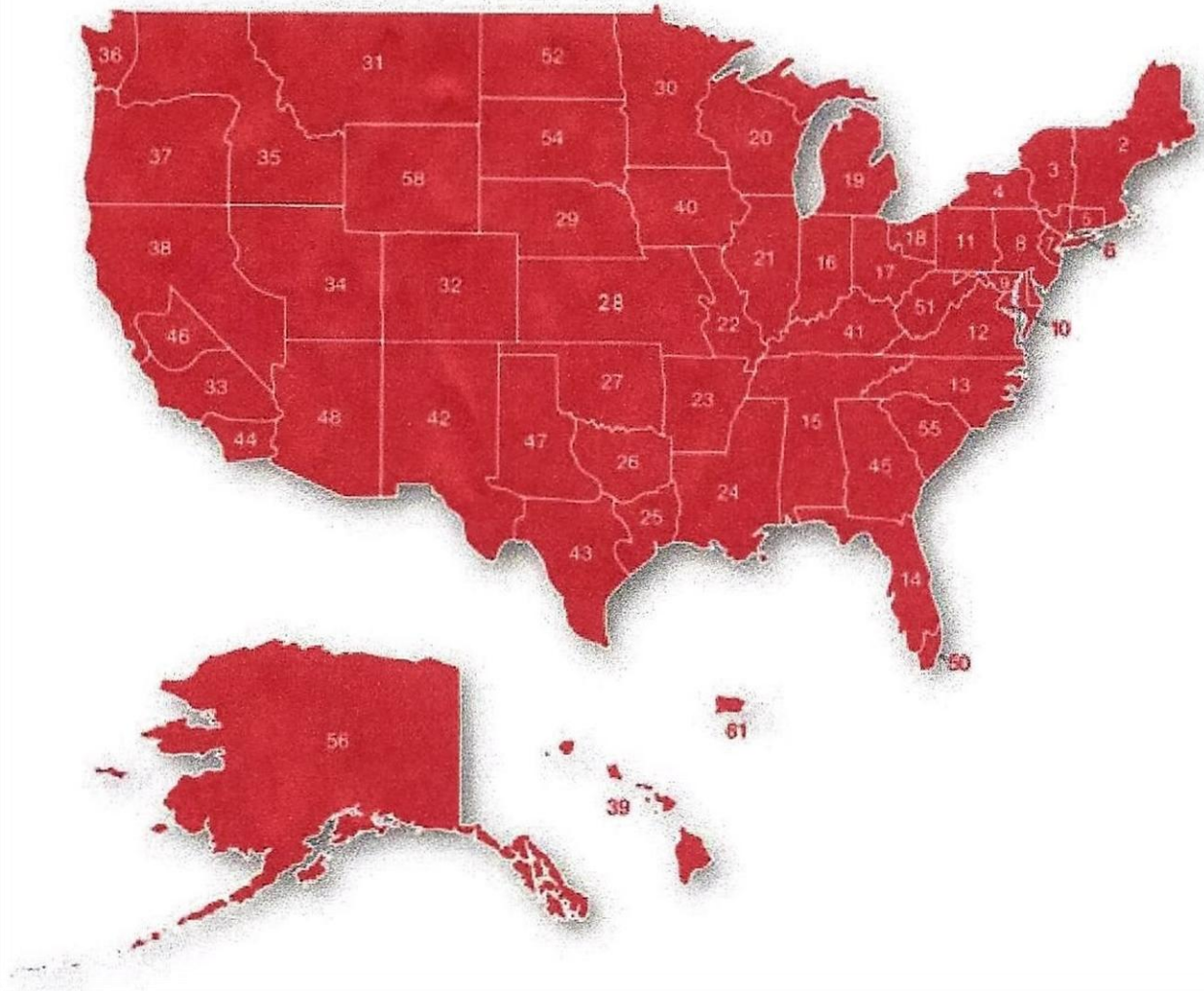
**Chicago Midway International Airport** - Chicago IL 100 miles

**General Mitchell International Airport** - Milwaukee WI 111 miles

**Dubuque Regional Airport** - Dubuque IA 100 miles

**Quad City International Airport** - Moline IL 123 miles

## MAP OF DISTRICTS



### AAU Midwest Region Districts

16 Indiana	20 Wisconsin	27 Oklahoma	40 Iowa
17 Ohio	21 Central	28 Missouri Valley	41 Kentucky
18 Lake Erie	22 Ozark	29 Nebraska	52 North Dakota
19 Michigan	23 Arkansas	30 Minnesota	54 South Dakota

### AAU Western Region Districts that are also eligible to compete in the AAU Midwest Regional

25 Gulf	34 Utah	39 Hawaii	47 West Texas
26 Southwestern	35 Inland Empire	42 New Mexico	48 Arizona
31 Montana	36 Pacific Northwest	43 South Texas	49 Southern Nevada
32 Colorado	37 Oregon	44 Pacific Southwest	56 Alaska
33 Southern Pacific	38 Pacific	46 Central California	58 Wyoming

## **Things to Do in Rockford**

Discovery Center Museum 711 North Main Street, Rockford IL

Burpee Museum of Natural History 737 North Main Street, Rockford IL

Summerfield Farm & Zoo 3088 Flora Road, Belvidere IL

Angel Museum Beloit WI

Chicago is about an 1 hour and ½ drive

Madison WI is about an 1 hour and ½ drive

Milwaukee WI is about an 1 hour and 45 minute drive

Lake Geneva is about 1 hour drive