

Adirondack AAU Taekwondo Grassroots Sparring Session

**June 1st 2013
Guilderland, NY**



- DATE:** Saturday June 1st 2013
- DOORS OPEN:** 1:00p
- LOCATION:** Guilderland YMCA
250 Winding Brook Dr
Guilderland, NY 12084
- HOST:** Joe Hasan – joehasanjr@gmail.com
- ENTRY DEADLINE:** Door registration allowed at no extra charge
- ENTRY FEE:** \$30 per athlete
Coaches – FREE
Spectators - FREE
- Event Application:** http://pilsungtkd.com/documents/2013_grassrootsapplication.pdf
- AGE:** 5 and up (age as of 8/31/13)

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

FOR MORE INFORMATION:

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