

# Track and Field "Practice Meet"



<b>June 07, 2014:</b>	<b>Somerset High School 7650 South Loop 1604 West, Somerset, Texas 78069</b>
<b>Meet Schedule:</b>	<b>Rolling Schedule (All Field Events and Running Events)</b>
<b>Meet Director:</b>	<b>Joseph Parker, 210-834-3282 txathletics@yahoo.com</b>
<b>FEE:</b>	<b>\$5.00 pay at the event Registration begins at 6 a.m.</b>
<b>SPECTATOR FEE:</b>	<b>\$5.00</b>
<b>AGE:</b>	<b>5 - 18</b>
<b>TIME:</b>	<b>7:00 AM – to completion of rolling schedule</b>

- \* Competitors should bring their own implements to be used at Meet.
- This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.
  - All participants must have a current AAU membership.
  - AAU membership may not be included as part of the entry fee to the event.
  - AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.
  - Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership
- Be Prepared:** Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.

**FOR MORE INFORMATION:**  
**Joseph Parker**  
**210-834-3282 email: [txathletics@yahoo.com](mailto:txathletics@yahoo.com)**

**The Multi-Event National Qualifier will be held at D.W. Rutledge Stadium/Judson High School,  
900 S. Seguin Rd Converse, Texas 78109 June 24 – June 25, 2014**



South Texas District  
of the  
Amateur Athletic Union

# 7:00 A.M. START TIME WITH “A ROLLING SCHEDULE”

**“Subject to Change on event day”**

3000 METER RUN.....SM 11U-M 12u-SY13u-Y14u-I 15-16 YM/W 17-18

4 X 100 METER RELAY.....ALL DIVISIONS

**Coaches Relay June 7<sup>th</sup>**

800 METER RUN.....ALL DIVISIONS

110 METER HURDLES (10-39”).....IB-YM Age 15-16

100 METER HURDLES (10-33”).....SYB, YB, IG, YW Age 13u-16u

100 METER HURDLES (10-30”).....SYG, YG Age 13-14

80 METER HURDLES (8-30”).....SM-M-B&G Age 9u-12u

100 METER DASH.....ALL DIVISIONS

4 X 800 METER RELAY.....Y-I-YM/W Age 15-18

400 METER DASH.....ALL DIVISIONS

400 METER HURDLES (10-36”).....IB-YM Age 15-18 (Subject to change)

400 METER HURDLES (10-30”).....IG-YW Age 15-18 (Subject to change)

200 METER HURDLES (8-30”).....SYG-SYB, YG-YB Age 13-14

200 METER DASH.....ALL DIVISIONS

1500 METER RUN.....ALL DIVISIONS

4 x 400 METER RELAY.....B--M--Y-I-YM/W Age 9u-18

**MEET**  
**ORDER OF FIELD EVENTS**

“Subject to Change on event day”

8:00 – Boys Shot Put  
Girls Discus

Primary THRU Midget Boys/Girls Long Jump Pit 1 8u-12u

Sub-Bantam THRU Midget Boys/Girls High Jump Pit 1 9u-12u

9:00 - Girls Pole Vault (When Available)

9:30 – Young Men Long Jump Pit 1 Age 17-18  
Young Women Long Jump Pit 2 Age 17-18

10:00 – Boys Discus  
Girls Shot Put

SY & Youth Boys High Jump Pit 1 Age 13-14  
SY & Youth Girls High Jump Pit 2 Age 13-14

Boys Pole Vault (When Available)

11:00 – SY & Youth Boys Long Jump Pit 1 Age 13-14  
SY & Youth Girls Long Jump Pit 2 Age 13-14  
Javelin All Divisions

11:30- Javelin All Divisions starting with the Turbo Javelin (Note: No other Javelin will be in use until Turbo is completed)

12:00 – Intermediate Boys & Young Men High Jump Pit 1 Age 15-16  
Intermediate Girls & Young Woman High Jump Pit 2 Age 15-16

1:00 – Boys Triple Jump Pit 3  
Girls Triple Jump Pit 3