



### **2013 HC Stars HSDFL AAU Spring Football**

**\* This event is sanctioned by the Amateur Athlete Union of the U.S., Inc.**

**\* ALL participants must have a current AAU membership.**

**\* AAU membership may not be included as part of the event.**

**\* AAU membership must be obtained before the competition begins. Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.**

#### **1- Who are we servicing?**

Current year 9<sup>th</sup> and 10<sup>th</sup> grade football players and especially our former players who may need or would like some additional development in the position they play in high school!

#### **2- What is our objective?**

Have a program designed to give additional academic and athletic training to enhance high school student-athletes for their upcoming school year.

#### **3- Where will the program be held?**

The HC Stars HSDFL Team training will occur at the same location that our 12U and Grassroots football teams will be practicing. Beltsville, Maryland. Any other HSDFL Teams that form outside of the HC Stars will select their own location, dates and times where they will practice.

#### **4- When will the program run?**

Training will take place during the spring (late March thru the end of May); there will be 2 -3 training sessions per week (Team Head Coaches choice); the plan is to have our 11-on-11 Scrimmages to occur on Sundays between 12 and 5pm on a TURF field; The HSDFL is scheduled to end on or about May.

### **5- Why is the HSDFL being established?**

Some 9<sup>th</sup> and 10<sup>th</sup> graders NEED or WANT additional academic monitoring and support to complete their current school year (for HC Stars only), as well as more development in their specific football position for the upcoming season to be more competitive; currently there is NO REAL Developmental program liken to this in our local area; To provide an AAU training/development platform for 9<sup>th</sup> & 10<sup>th</sup> graders much like AAU basketball, AAU baseball, etc.

### **6- What now? And Miscellaneous Notes:**

- Go to our Web Site at: [www.hcstars.org](http://www.hcstars.org) and Pre-Register
- Make arrangements to secure Helmets and Shoulder Pads
- We plan to play our 11-on-11 Scrimmages on a Turf Field with Officials and one Athletic Trainer per contest
- **Miscellaneous Notes:**
  - 4 by 12 minute quarters with running clock
  - 3 Time-Outs per half and a 10 minute Half-time Break
  - SPECIAL TEAMS PLAY, but NOT LIVE
  - Players will Try-out for and ONLY play in the position in which they play in high school
  - Officials will use the HS Federation Rules

### **7- The Certification Process?**

<b>PARTICIPANTS REQUIREMENTS and CERTIFICATIONS</b>	
<b>1</b>	Current 9 <sup>th</sup> and/or 10 <sup>th</sup> grade students with a 2.0 or higher GPA during the current season
<b>2</b>	\$1500 per team; each additional player after 20 <sup>th</sup> player \$75 (Non-HC Stars Team)
<b>3</b>	\$150 Registration Fee per HC Stars player (Equipment rentals available while supplies last)
<b>4</b>	ALL HC Stars players will be Registered with AAU under the HC Stars Club *
<b>5</b>	A Team ROSTER and a copy of ALL players School Picture ID must be provided ( <b>Game #1 ONLY</b> )
<b>6</b>	ALL players must provide a copy of School most recent Report Card ( <b>Game #1 ONLY</b> )
<b>7</b>	ALL players must present an MVA or equivalent ID Card ( <b>Every Game @ Check-In</b> )

\* ALL Players must be covered by Insurance; see the AAU REQUIREMENTS in red on top of page 1



**Pre-Register your student-athlete NOW!!!**

**On the web @:** [www.hcstars.org](http://www.hcstars.org)

**On Facebook @:** [facebook.com/hcstars](https://www.facebook.com/hcstars)

**Contact Us @:**

**Coach Hubby: 240-464-4150**

**Coach Craig: 301-755-4850**

**Coach T: 301-641-8014**