

Miami Gardens Xpress AAU
Track & Field
2th Annual Invitational
March 10, 2012
Miami Gardens, FL



DATE: March 10, 2012

LOCATION: Betty T. Ferguson Complex
3000 N.W. 199 Street
Miami Gardens, FL 33056

HOST: Darius Lawshea, 786-367-2109 ph, Darius@miamidade.gov
Lester Alexander, 305-622-8080 ph, Lalexander1@miamigardens-fl.gov

ENTRY DEADLINE: March 7, 2012

FEE: \$5 (3 events for U12/ 4 events for U13 and older)

AGE: 6- 18 (age as of 12/31/07)

TIME: 9am - 4pm

ORDER OF EVENTS

100m Hurdles	200m Hurdles	Long Jump	3000m Run	1500m Run	800m Run
400m Run	200m Run	100m Run	4x400 Relay	4x100 Relay	Shot Put

**Competitors should bring their own implements to be used at Meet.*

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

FOR MORE INFORMATION:

Darius Lawshea
786-367-2109 ph
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