

STAAU TRACK & FIELD DISTRICT QUALIFIER (*Southern Region*)

*Cabaniss Athletic Complex
Saratoga Blvd at Ranger Ave
Corpus Christi, Texas 78416*

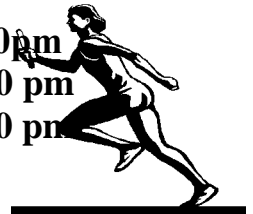
June 22-23, 2012

South Texas AAU Athletics Event Host

**Janis Henderson Meet Director janisrh@flash.net
512-563-2893**

CHECK - IN

June 21, 2012	Early Check-In @ Cabaniss Stadium	5:30pm – 8:30pm
June 22, 2012	Check-In @ Cabaniss Stadium	6:00 am - 1:00 pm
June 23, 2012	Check-In @ Cabaniss Stadium	6:00 am - 1:00 pm



ENTRY FEE: \$20.00

ELIGIBILITY: Must have a valid AAU 2012 membership, and live in the following counties.
Atascosa, Bee, Bexar, Brooks, Calhoun, Cameron, Dewitt, Dimmit, Duval, Frio,
Goliad, Hidalgo, Jim Hogg, Jim Wells, Karnes, Kennedy, Kinney, Kleberg,
La Salle, Live Oak, Maverick, McMullen, Medina, Nueces, Refugio, Starr,
Uvalde, Victoria, Webb, Willacy, Wilson, Zapata, and Zavala.

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with internet connection. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.



Online Registration Required

Online entry MUST be done at www.coacho.com

Online registration will not be reopened after closing time. Therefore, you must make all final changes before closing time. **NO ATHLETES WILL BE ALLOWED TO ENTER AFTER THE CLOSING TIME.**

WARNING: Many coaches procrastinate and wait to register the last night. As a result, they end up running out of time and experienced problems related to high volume. Running out of time and/or experiencing technical problems is no excuse for missing the registration deadline. Make life easier by registering before deadline.

PLEASE DOUBLE CHECK YOUR ENTRIES USING THE EMAIL CONFIRMATION YOU RECEIVE.

- AGE PROOF:** Required when registering and whenever challenged. Must be an Original or Notarized copy of Birth Certificate, Driver's License, Military ID, or current Passport; **ABSOLUTELY** required at The National Junior Olympic Games.
- AAU CARD:** Cost is \$12.00 per card and must be purchased online at www.aausports.org before competing at any Sanctioned AAU Meet. Cards must be presented at the District Qualifier Meet.
- RELAYS:** Relays are run in the Primary, Bantam, Midget, Youth, Intermediate, and Young Women/Men age divisions only. Relay teams must have current 2012 Club Membership. All relay teams must wear tops and shorts of the same color.
- AWARDS:** Top 3 finishers in each event will receive a medal. It is the responsibility of the competitor, coach, or parent to pick up awards before leaving meet. No medals will be mailed.
- RESULTS:** Results will be posted online at www.aauathletics.org
- FOOD & DRINK:** There will be concessions available. Medium size ice chest may be brought in with fruit, water & sports drinks. No glass containers will be allowed. Ice chests will be inspected by police officers at the gate. Fast food meals will not be allowed in the stadium.
- STADIUM:** Parents and Coaches are not allowed on the track or infield. Only Officials with Credentials will be allowed on the track.
- MEDICAL:** Certified Trainers will be available for injuries and first aid only. No taping of athletes by trainers.



AGE DIVISIONS:

2004 & After	PG	Primary Girls	PB	Primary Boys
2003	SBG	Sub-Bantam Girls	SBB	Sub-Bantam Boys
2002	BG	Bantam Girls	BB	Bantam Boys
2001	SMG	Sub-Midget Girls	SMB	Sub-Midget Boys
2000	MG	Midget Girls	MG	Midget Boys
1999	SYG	Sub-Youth Girls	SYB	Sub-Youth Boys
1998	YG	Youth Girls	YB	Youth Boys
1996/1997	IG	Intermediate Girls	IB	Intermediate Boys
1994/1995	YW	Young Women	YM	Young Men

ROLLING SCHEDULE – Track & Field Start time is 7:00 am. Events will be run one after the other. Athletes are responsible for their events and should be present awaiting for the start of their event. You must pay attention and listen for all PA announcements.

EXEMPT EVENTS – Multi-Events, Steeplechase, Pole Vault, and Javelin are exempt from competing in the District Meet. Athletes will still register for these events at the District level, but they will only compete at the National Qualifier Meet.

YOU ARE HEREBY NOTIFIED THAT THE MEET SCHEDULE OUTLINED IS TENTATIVE AND SUBJECT TO CHANGE WITHOUT PRIOR WRITTEN NOTICE.
A SCHEDULE WILL BE AVAILABLE UPON CHECK-IN.



ALL RUNNING EVENTS ARE TIMED FINALS

FRIDAY, JUNE 22ND

7:00AM

3000 Meter Run (SMG, MG, SMB, MB)
4 x 100 Meter Relay (PG, PB, BG, BB, MG, MB)
80 Meter Hurdles (8-30") (SMG, SMB, MG, MB)
800 Meter Run (PG, PB, SBG, SBB, SMG, SMB, MG, MB)
100 Meter Dash (PG, PB, SBG, SBB, SMG, SMB, MG, MB)
1500 Meter Racewalk (SBG, SBB, SMG, SMB, MG, MB)
400 Meter Dash (PG, PB, SBG, SBB, SMG, SMB, MG, MB)
4 x 800 Meter Relay (MG, MB)
200 Meter Dash (PG, PB, SBG, SBB, SMG, SMB, MG, MB)
1500 Meter Run (PG, PB, SBG, SBB, SMG, SMB, MG, MB)
4 x 400 Meter Relay (BG, BB, MG, MB)

SATURDAY, JUNE 23RD

7:00AM

3000 Meter Run (SYG, SYB, YG, YB, IG, IB, YW, YM)
4 x 100 Meter Relay (YG, YB, IG, IB, YW, YM)
110 Meter Hurdles (10-39") (IG, YM)
100 Meter Hurdles (10-35") (SYB, YB, IG, YW)
100 Meter Hurdles (10-30") (SYG, YG)
800 Meter Run (SYG, SYB, YG, YB, IG, IB, YW, YM)
100 Meter Dash (SYG, SYB, YG, YB, IG, IB, YW, YM)
3000 Meter Racewalk (SYG, SYB, YG, YB, IG, IB, YW, YM)
400 Meter Dash (SYG, SYB, YG, YB, IG, IB, YW, YM)
4 x 800 Meter Relay (YG, YB, IG, IB, YW, YM)
400 Meter Hurdles (10-36") (IB, YM)
400 Meter Hurdles (10-30") (IG-YW)
200 Meter Hurdles (8-30") (SYG, SYB, YG, YB)
200 Meter Dash (SYG, SYB, YG, YB, IG, IB, YW, YM)
1500 Meter Run (SYG, SYB, YG, YB, IG, IB, YW, YM)
4 x 400 Meter Relay (YG, YB, IG, IB, YW, YM)



FIELD EVENTS

FRIDAY JUNE 22nd

SHOT PUT	RING 1	8:00	SYG	RING 2	8:00	SYB		
		9:30	IG		9:30	IB		
		11:00	YG		11:00	YB		
		1:30	YW		1:30	YM		
DISCUS	RING 1	8:00	YW	RING 2	8:00	YM		
		9:30	YG		9:30	YB		
		11:00	IG		11:00	IB		
		1:30	SYG		1:30	SYB		
LONG JUMP	PIT 1	8:00	SYG	PIT 2	8:00	SYB		
		9:30	IG		9:30	IB		
		11:00	YG		11:00	YB		
		12:30	YW		12:30	YM		
TRIPLE JUMP	PIT 1	2:00	SYG	PIT 2	2:00	SYB		
			IG			IB		

			YG			YB		
			YW			YM		
HIGH JUMP	PAD 1	8:00	YW	PAD 2	8:00	YM		
		9:30	YG		9:30	YB		
		11:00	IG		11:00	IB		
		1:30	SYG		1:30	SYB		

“Sports For All, Forever”



FIELD EVENTS

SATURDAY JUNE 23rd

HIGH JUMP	PAD 1	8:00	BG	PAD 2	8:00	BB		
		9:30	SBG		9:30	SBB		
		11:00	MG		11:00	MB		
		1:30	SMG		1:30	SMB		
LONG JUMP	PIT 1	8:00	MG	PIT 2	8:00	MB		
		9:30	SMG		9:30	SMB		
		11:00	PG		11:00	PB		
		1:30	SBG		1:30	SBB		
		3:00	BG		3:00	BB		
DISCUS	RING 1	8:00	SMG		8:00	SMB		
		9:30	MG		9:30	MG		
SHOT PUT	RING 1	8:00	PG	RING 2	8:00	PB		
		9:30	SBG		9:30	SBB		
		11:00	BG		11:00	BB		
		1:30	SMG		1:30	SMB		
		3:00	MG		3:00	MB		

“Sports For All, Forever”