

Colorado AAU AREA 20 District Meet

Track & Field

June 1, 2014

Brighton , CO 80601



DATE: June 1, 2014
 LOCATION: Brighton High School Track
 270 S 8th Ave
 Brighton, Co 80601
 SPONSERED BY: PLATTE RIVER TRACK CLUB
 HOST: John Martinez, 720-422-0591, Jen kite 303-210-2661, jennikite@comcast.net
 Anita Addison 303-263-2319 crash1313@msn.com
 DEADLINE: May 30, 2014 at 10 pm mountain time
 Registration will be online through www.CoachO.com . No on-site Registration.
 FEE: \$5 per event top 4 qualifier for Nation championship in Detroit

AGE: 8-18 (age as of 12/31/14)
 8 primary, 9 sub-bantam, 10 bantam, 11 sub-midget, 12 midget , 13 sub-youth, 14 youth , 15-16 intermediate, 17-18 young
 ORDER OF EVENTS Track (Starts 9:00 am)

3000m Run (SM, M, SY, Y, I YW/YM,)
 4 X 8 Relay (SM,M)(SY, Y)(I)(YM/YW)
 100m Final (P, SB, B, SM, M, SY, Y, I YW/YM)
 80m Hurdles (SM,M)
 100m Hurdles (SY, Y, IG, YW)
 110m Hurdles (I B, YM)
 4X100M Relay (P)(SB,B),(SM, M)(SY,Y)(I) (YW/YM)
 1500m Run (P, SB, B, SM, M, SY, Y, I, YW/YM)

400m finals (P, SB, B, SM, M, SY, Y, I, YW, YM)
 200m hurdles (SY, Y)
 400m hurdles (I, YW/YM)
 800m run (P, SB, B, SM, M, SY, Y, I, YW/YM)
 200m finals (P, SB, B, SM, M, SY, Y, I, YW/YM)
 4X400m relay (SB,B)(SM,M) (SY, Y)(I) (YW/YM)

Javelin (SY, Y, I, YW/YM)
 Discus (SM, M, SY, Y, I, YW/YM)
 Long Jump (P, SB, B, SM, M, SY, Y, I, YW/YM)
 High Jump (SB, B, SM, M, SY, Y, I, YW/YM)
 Shot Put (P, SB, B, SM, M, SY, Y, I, YW/YM)
 Triple Jump (SY, Y, I, YW/YM)

We will do all ages of Shot put first than Discus

SHOT PUT*4lb P, 6lb SB, B, SM, M
 *6lb SYG, YG, 4KG SYB, YB, IG, YM,
 *12LB IB, YM
 DISCUS: 1KG SM, M, SY, Y, IG, YW
 1.6KG IB, YM

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
 - All participants must have a current AAU membership.
 - AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

Athletes who are eighteen (18) year so age through the final day of the National Track & Field Championship shall be eligible to Compete in the Young Men's and Young Women's Division through that meet. Anyone reaching his/her 19th birthday on or before the last day of the National Championship meet (AAU Junior Olympic Games), will no be eligible to compete in any qualifying meet.