



2013 AAU Central New Jersey Youth Track and Field Invitational

Sunday May 19, 2013

Date: May 19, 2013

Location: Franklin High School, 500 Elizabeth Avenue, Somerset NJ

08873 Start Time: 9:00am (Track opens at 8:00am)

Host Teams: Unity Express, Green Streakers and Supersonics Track

Clubs Meet Director: Ron McBride (732-545-7614)

Meet Coordinator: Charlene Cumberbatch (908-222-1475)

Meet Manager: Stacey Field Jr. (732-801-5869)

Divisions contested based on birth year as of 12/31/13 – Division 1 – 8 & under, Division 3 – 9-10 year olds, Division 5 – 11-12 year olds, Division 7 – 13-14 year olds, Division 8 – 15-19 year olds

REGISTRATION WILL BE ONLINE ONLY at www.coacho.com. REGISTRATION DEADLINE IS 8:00 PM Wednesday

May 15th. Additions and corrections can be made continuously online up to the 8:00 PM deadline. NO CHANGES WILL BE MADE AFTER DEADLINE!

SUNDAY MAY19, 2013-TrackEvents-9:00AM (FATTiming)

3000 Meter Run (MG, MB, YG, YB, HSG, HSB, OW, OM)	F
400 Meter Relay (All Divisions)	F
* 400 Meter Hurdles (HSB, OM, HSG, OW)	F
200 Meter Hurdles YG, YB)	F
400 Meter Dash (All Divisions)	F
400 Meter Dash (All Divisions)	F
1500 Meter Run (All Divisions)	F
100 Meter Dash (All Divisions)	F
* 110 Meter Hurdles (HSB, OM)	F
* 100 Meter Hurdles (YG, YB, HSG, OW)	F
* 80 Meter Hurdles (MG, MB)	F
800 Meter Dash (All Divisions)	F
200 Meter Dash (All Divisions)	F
1600 Meter Relay (All Divisions)	F

SUNDAY MAY19, 2013-FieldEvents-9AM

Long Jump (All Divisions Youngest to Oldest) Triple Jump (YG, YB, HSG, HSB, OW, OM)

High Jump (All Divisions Oldest to Youngest)

Shot-Put (BG, BB, SMG, SMB, MG, MB, SYG, SYB, YG, YB, SBG, SBB, OW, OM) Discus Throw (IG, IB, YW, YM, SMG, SMB, MG, OM, OW, MB, SYG,

SYB, YG, YB) Javelin (YG, YB, YB, HSG, HSB, OW, OM

*****IN ORDER CALLED. NO OPEN PIT*****

AWARDS: Medals 1st -3rd place in each individual event and top 3 relays.

A track and field meet can start one hour early or late. The Games Committee has no obligation to schedule meet events to the pleasure of those attempting multiple event entry. Intermediate and Young M/W will be combined into a High School Division, if the entries warrant it.

Packet Pick up: Sunday 8am at the track.

This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
All participants must have a current AAU membership.
AAU membership may not be included as part of the entry fee to the event.

Directions:

Franklin High School - 500 Elizabeth Avenue, Somerset NJ 08873

From 287 North or South:

Take exit 10, "Easton Avenue, New Brunswick" and follow signs for New Brunswick. You will be on Easton Avenue to Cedar Grove Lane. Turn right on Cedar Grove Lane. At the second light turn right on to New Brunswick Road, proceed to second light make left onto Elizabeth Avenue (100 yards to entrance) on right 500 Elizabeth Avenue.

From New Jersey Turnpike:

Take exit 9 onto Route 18 north to Easton Avenue exit. At

light turn left on to (Landing Lane). Proceed to light (Easton Avenue), turn right. Take Easton Avenue approximately 6 lights to Cedar Grove Lane. Turn left at Cedar Grove Lane. At the second light turn right on to New Brunswick Road, proceed to second light make left onto Elizabeth Avenue (100 yards to entrance) on right 500 Elizabeth Avenue.

From Princeton Area:

Take Route 27 north to Kingston and Griggstown. At the light by Shogun, turn left onto South Middlebush Road to the end. Turn left onto Amwell Road (O'Connor's Beef and Chowder House). Take Amwell Road to Cedar Grove Lane at Mobil Station bear left at light. At the second light turn right onto Elizabeth Avenue.

Proceed 1 mile on your left, to the entrance of 500 Elizabeth Avenue.