



# 2012 AAU KARATE FLORIDA DISTRICT CHAMPIONSHIPS

## GOLD COAST QUALIFIER

**Saturday, April 14, 2012**

**Boynton Beach Community High School\* 4975 Park Ridge Rd.\* Boynton Beach, FL 33426**

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Dear Athletes/Coaches/Referees/Volunteers:

We would like to personally invite you to attend the 2012 AAU Karate Florida District Championships and Gold Coast Qualifier, scheduled for April 14th at Boynton Beach Community High School in Boynton Beach, Florida.

Participation will present a great opportunity for Athletes to gain experience and prepare for advanced competition in AAU Regional and National level events. As an official qualifier, the top 16 Athletes in each division will qualify here for the 2012 AAU Karate Super Regional Championships and National Qualifier scheduled for May 5th in Ft. Pierce, Florida.

Thank you for your continued support of the AAU District, Regional and National Programs! Go Florida!

Respectfully,

*Doug Stein, Florida Gold AAU Karate Chairman, Mark Pinner, Florida AAU Karate Chairman & Dave Roth, AAU Region 4 Director*

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### **Entry Fees:**

Athletes: \$55.00 For 1 Event \* \$10 For Each Additional Event  
Coaches: \$10.00 \* FREE with 2012 AAU Karate Florida Photo Credential)  
Spectators: \$5.00 \* Pay At Door \* Age 7 & Under FREE

### **Awards:**

Custom Medals 1st, 2nd & 3rd \* Every Athlete will receive an award!

### **Officials/Rules:**

This event will be officiated under the direction of licensed AAU Referees and Judges applying AAU Karate Rules fairly and impartially with emphasis/modification in the following areas:

Kobudo: Traditional Okinawan weapons of proper weight and design, long and short weapons combined (*Bo, Tonfa, Eku, Nunchaku, Sai & Kama*)

Kata: Traditional Katas from recognized styles of Karate, all styles combined

Kumite: Sanbon: 2 minutes or 3 points, half and full point scoring

#### Safety Equipment:

Mandatory: AAU approved white neoprene mitts, gum shield, groin cup (*Males*), AAU approved white headgear with face-shield (*Youth*)

Optional: AAU approved white headgear with face-shield (*Adults*), white cloth shin pads (*Adult*), white cloth shin/instep pads (*Youth*), chest protector (*Females*)

Go to [www.aaukarate.org](http://www.aaukarate.org) for a complete copy of AAU Karate Rules!

### **Dress Code:**

Athlete: Clean white traditional uniform with AAU Patch on left chest (*No Rolled sleeves/cuffs, trademarks, embroidery logos, piping, or stripes*)

Correctly colored belt for competition based on your years of karate training (*See "Athlete Divisions" below*)

Long hair should be neatly gathered with discreet elastic bands (*No metal clips*), finger/toe nails should be short and neatly trimmed (*Prohibited: Jewelry/earrings, hats, caps, headbands and sweatbands*)

Coach: Red/Blue AAU Coaches Shirt, white uniform pants, athletic shoes

Referee: AAU Tie, white shirt, gray pants, black belt/socks/shoes (*Blue Blazer optional*)

### **Athlete Divisions:**

Your Age is determined by your Age as of July 1, 2012 \* Divisions may be combined or divided at the discretion of the Event Directors

Youth: Male, Female, Ages 5-6, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18

Adult: Male, Female, Ages 19-34

Senior: Male, Female, Ages 35+

Beginner: Less than 1 year/White Belt

Novice: 1 year but less than 2 years/Green Belt

Intermediate: 2 years but less than 4 years/Brown Belt

Advanced: 4 years or more/Black Belt

### **Event Directors:**

\* Dave Coburn (561) 253-5701 \* [senseidavecoburn@comcast.net](mailto:senseidavecoburn@comcast.net)

\* Kelly Page (561) 719-8504 \* [senseikellypage@aol.com](mailto:senseikellypage@aol.com)

SATURDAY,  
APRIL 14TH  
2012

# FLORIDA DISTRICT CHAMPIONSHIPS - GOLD

LAKE WORTH  
FLORIDA

## **To Participate:**

### **1. Pre-Register and print a copy of your Registration Form on plain white paper!**

To Pre-Register (On-Line Only BEFORE 04/14/2012 at [www.tkaff.com](http://www.tkaff.com)):

#### Athletes:

From your TKA Page, select this event, scroll down and select link "Register Now!". Select desired Divisions (Kobudo/Kata/Kumite), "Waiver/Release" and submit. Scroll down and select link to view/print your Form. Follow instructions on Form for Check-In.

#### Non-Athletes (Referees/Coaches/Volunteers):

From your TKA Page, select this event, scroll down and select link "Register Now!". Select desired Clinic (Referee/Coach/Volunteer), "Waiver/Release" and submit. Scroll down and select link to view/print your Form. Follow instructions on Form for Check-In.

#### Check your Form carefully! If errors, update your form BEFORE printing!

From your TKA Page, under "Current Event Registration", select this event, scroll down to link "Update Now". Select/un-select options, "Waiver/Release" and submit. Scroll down and select link to view/print your new Form. Follow instructions on Form for Check-In.

### **2. Join AAU and print a copy of your AAU Card!**

*(Exception: A copy is not required after your AAU Membership has been verified by TKA! Check your Registration Form for status)*

To Join AAU (On-Line Only BEFORE 04/14/2012 at [www.aausports.org](http://www.aausports.org)):

#### Athletes:

Select "Join AAU", scroll down, select "Athlete Membership" and follow instructions.

*(Indicate "Sport: Karate" and "Membership Term/Category: Extended Coverage Membership: Youth: \$14.00/Adult: \$27.00")*

#### Non-Athletes (Referees/Coaches/Volunteers):

Select "Join AAU", scroll down, select "Non-Athlete Membership" and follow instructions.

*(Indicate "Sport: Karate" and "Membership Term/Category: Extended Coverage Membership: \$16.00")*

### **3. Check-In and submit your correct Registration Form, AAU Card and Participation Fees when you arrive to the event!**

*(Exception: Check-In is not required if you are using Club Check-In! See your Club Representative when you arrive to the event!)*

#### Optional Item for Check-In: Hotel Information Sheet (If applicable)

If you are using Hotel accommodations for this event, please include a completed Hotel Information Sheet with your Registration Materials.

*(You make a difference by providing this information! We use it to negotiate better facilities, reduced rates and estimate room blocks for future events!)*

## **Schedule:**

### **Monday, 04/02/2012**

5:00 p.m. On-Line Registration Opens *(You must register by Monday, 04/09/2012 to appear on the official Event T-Shirt!)*

### **Saturday, 04/14/2012**

7:00 a.m. On-Line Registration Closes

7:00 a.m. - 8:00 a.m. Referee/Coach/Volunteer Check-In *(Submit your Non-Athlete Registration Form, AAU Card and Participation Fees)*  
Club Check-In *(Club Representative submits multiple Registration Forms, AAU Cards and Participation Fees from the same Club)*

8:00 a.m. - 9:00 a.m. Athlete Check-In *(Submit your Athlete Registration Form, AAU Card and Participation Fees)*

8:30 a.m. - 9:00 a.m. Referee/Coach/Volunteer Clinics

9:00 a.m. Opening Ceremonies

9:30 a.m. Adult/Senior Divisions *(Starting with Advanced)*

10:00 a.m. Youth Divisions *(Starting with Youngest)*



Sanctioned by the  
Amateur Athletic Union  
of the U.S. Inc.

## **Optional Club Check-In:**

Clubs may designate a Club Representative to assist their Members by:

### **1. Collecting Registration Materials from Club Members (See "To Participate" above)**

#### Club Representatives should:

- Verify that each Club Member's Registration Materials are correct, complete and ready to submit
- Present their Club Member's Registration Materials in an organized stack ready for quick scanning *(No individual envelopes, please!)*
  - \* Multiple Forms from the same Participant should be grouped together *(Athlete/Referee/Coach/Volunteer)*
  - \* Attach Participation Fees individually to each Form *(Do not include Spectator Fees!)*
  - \* Please encourage Club Members that are using Hotel accommodations to complete a "Hotel Information Sheet"

### **2. Attending Club Check-In on Saturday, 04/14/2012 from 7:00 a.m. - 8:00 a.m. to submit Club's Registration Materials**

### **3. Distributing Credentials/Entry Passes to Club Members when they arrive to the event**

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*Lanyard/Badge Holders provided compliments of Ingram's Ippon Competitive Power Shot!*

# Hotel Information

**Date:** 04/14/2012

**Event:** 2012 AAU Karate Florida District Championships and Gold Coast Qualifier

**Did you use Hotel accommodations or this Event?**

☐ No (If "No" please disregard - No Form is necessary)

☐ Yes (If "Yes" please complete this Form and submit at Check-In)

**Where did you stay?** Please indicate your Hotel below: (One Form per reservation/family/group is sufficient)

☐ Approved Hotel:



**Hampton Inn & Suites - Boynton Beach**

1475 W. Gateway Blvd. \* Boynton Beach, FL 33426

(561) 369-0018 \* Reference: "AAU Karate"

[http://hamptoninn.hilton.com/en/hp/hotels/photo\\_gallery.jhtml?ctyhocn=BOYBHHX](http://hamptoninn.hilton.com/en/hp/hotels/photo_gallery.jhtml?ctyhocn=BOYBHHX)

**Rate: \$84.00 Standard Suite**

2 Double Beds OR 1 King Bed/Sofa Sleeper  
Buffet Breakfast, Iron, Coffee Maker, Blow Dryer  
Refrigerator, Microwave, Hi-Speed Internet Access

Name of Reservation: \_\_\_\_\_  
(Last Name, First Name)

Number of Rooms: \_\_\_\_\_

Number of Room Nights: \_\_\_\_\_

☐ Approved Hotel:



**Courtyard Marriott - Boynton Beach**

1601 N. Congress Ave. \* Boynton Beach, FL 33426

(561) 853-1014 \* Reference: "AAU Karate"

<http://www.marriott.com/hotels/hotel-rooms/pbibb-courtyard-boynton-beach/>

**Rate: \$79.00 Standard Suite**

(Please note that cut-off date for this rate is 04/01/2012)  
2 Queen Beds OR 1 King Bed/Sofa Sleeper, Coffee Maker,  
Blow Dryer, Iron, Hi-Speed Internet Access

**Rate: \$159.00 2 Bedroom Villa**

(Please note that cut-off date for this rate is 04/01/2012)  
Living Room, Kitchen, 2 Bathrooms, Coffee Maker,  
Blow Dryer, Iron, Hi-Speed Internet Access

Name of Reservation: \_\_\_\_\_  
(Last Name, First Name)

Number of Rooms: \_\_\_\_\_

Number of Room Nights: \_\_\_\_\_

☐ Other Hotel:

Hotel Name: \_\_\_\_\_ Address: \_\_\_\_\_  
(Street, City)

Name of Reservation: \_\_\_\_\_ Rate: \$ \_\_\_\_\_ # Rooms: \_\_\_\_\_ # Room Nights: \_\_\_\_\_  
(Last Name, First Name)

Why didn't you select an approved Hotel? : \_\_\_\_\_