



# PANAMA CITY WRESTLING TOURNAMENT

## "Storm Slam"

Sunday March 31<sup>st</sup>

North Bay Haven Charter Acad.: 1 Buccaneer Drive, Panama City, Florida 32404

Cost=\$20 a wrestler (must have an AAU Card to participate) CASH ONLY.

Pre-Register on TRACKWRESTLING! Walk Ups will be charged \$30.00 Entrance fee.

Age Divisions: K-1<sup>st</sup>, 2nd-3<sup>rd</sup> Grade, 4th-5<sup>th</sup> Grade, 6-8 th Grade, High School, Old Timers.

Admission: Adults \$5.00, Students: \$3.00, under 5 years old free.

\*3 Coaches Per Club will be admitted free with valid coaches card.

Old-timers (Div 1= HS graduate-29 yrs old, Div 2: 30+ years old)

Awards Custom Medals for 1st-4<sup>th</sup> place in all divisions except HS, HS will be 1<sup>st</sup> -3<sup>rd</sup> place only.

Old-timers will medal 1st-4<sup>th</sup> place.

Club with the most paid wrestlers in attendance will receive a Trophy.

Weigh In: 8:00-9:00 am (Satellite Weigh Ins will be available upon request)

Wrestling Will Start at 9:30 am. Coaches meeting @ 9:00 with FHSAA Officials

Weight Classes: K-5<sup>th</sup> and Old-Timers will be blocked weights;

6-8<sup>th</sup> grade: 75,80,85,90,95,100,106,113,120,126,132,138,145,152,160,170,182,195,220,285.

High School will be regular High School weight classes:

FORMAT: -K – 3<sup>rd</sup> will be 4 man round robins and will all run at the same time.

4<sup>th</sup>– 12<sup>th</sup> will be 8 man brackets when possible. Old-timers will be round robins.

15 point Tech Fall for all groups.

K – 5<sup>th</sup> will be 1 minute periods. 6-8<sup>th</sup> will be 1 ½ Minute Periods.

9-12<sup>th</sup> will be 2 min Periods.

Old Timers will be 1 minute Periods, with 30 second timeout between periods.

Coaches must have a Valid AAU Card to be at Matside! Only 2 coaches allowed on mat at a time.

ALL SPECTATORS MUST REMAIN IN THE STANDS. No one but wrestler and coaches will be allowed matside.

\*Concession Stand will be available all day. Also we will have a 50/50 drawing.

CONTACT INFORMATION: Andy Siegal : email : [coach.siegal@bayhaven.org](mailto:coach.siegal@bayhaven.org) or text (308) 238-3009

APPOXIMATE SCHEDULE: (we will use a staging room. Each group will stay on the same mat all day).

9:30 am: Mat 1: K-1<sup>st</sup> Graders; 2nd-3<sup>rd</sup> graders will start.

Mat 2: 4th-5<sup>th</sup> Graders will start.

Mat 3: 6th-8<sup>th</sup> graders will start.

Upon Completion of Mat 1: HS Will Start.

Upon Completion of Mat 2: Old Timers Will Start.

\*\*Wrestlers may compete in an older age group but will have to register and pay for both\*\*

As a Weight Class is completed we will award medals on the stage.

LIABILITY WAIVER: In consideration of your accepting this entry, I hereby for myself and

Administrators waive and release any and all injuries suffered by me, at or in connection with

the 2019 Panama City Wrestling Club Tournament, Panama City Wrestling Club, North Bay Haven Charter Academy

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU Youth Athlete membership must be obtained before the competition begins.

Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.

Due to background screenings, please allow up to 10 days for adult memberships to be processed.

Participants are encouraged to visit the AAU website [www.ausports.org](http://www.ausports.org) to obtain their membership.



