



C. A. Track Club Youth Meet

Saturday, April 18, 2015



NEW Location: Burrell Field – Pacific Sports Complex
2451 Teagarden St San Leandro, CA

Sanction: This event is licensed by the Amateur Athletic Union (AAU)

- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins. There will be no membership registration available at the meet.
- Participants are encouraged to visit the AAU web site to obtain their membership.

Fee: \$7 per athlete

EVENT SCHEDULE:

Running Events (begins at 9:00am)

1500M Racewalk (Age 9 – Age 12)
3000M Racewalk (Age 13 – Age 15+)
80H/100H/110H (Age 11 – Age 15+)
4x100 Relay (All Ages)
1500M (Age 9 – Age 15+)
50M (Age 6↓)
100M (Age 7 – Age 15+)
800M (Age 9 – Age 15+)
★Coaches/Parents Relay★
400M (Age 7 – Age 15+)
200H (Age 13 – Age 14)
200M (Age 7 – Age 15+)
3000M (Age 11 – Age 15+)
4x400 Relay (Age 9 – Age 15+)

Field Events (begins at 8:00am)

Long Jump (ALL AGES)
Triple Jump (Age 13 – Age 15+)
Discus Throw (Age 11 – Age 15+)
Shot Put (Age 7 – Age 15+)
High Jump (Age 9 – Age 15+)
Mini-Jav (Age 7 – Age 12)

AGE GROUPS:

Age	Birth Year
Age 6↓	2009 and before
Age 7	2008
Age 8	2007
Age 9	2006
Age 10	2005
Age 11	2004
Age 12	2003
Age 13	2002
Age 14	2001
Age 15+	1997 – 2000

REGISTRATION & ENTRY FEES: Registration and meet entries should be completed on CoachO.com. **The deadline for all entries is 9pm, Tuesday, April 14th.**

There will be NO DAY OF MEET ENTRIES OR CHANGES! Review your online entries carefully and make certain they are correct.

All entries made by the deadline should be printed and verified prior to the entry deadline.

Entry fee is \$7.00 per athlete. Fees may be paid online or mailed to the address below. Personal Checks will not be accepted. Late entries or any changes requested after the registration deadline (April 14th) will incur an additional \$10.00 fee per athlete (total \$17 per athlete for new entries).

There will be a \$25 fee added to any returned checks. Payments can be made online during registration or if mailed, should be postmarked by April 14th to:

C. A. Track Club
360 Grand Ave, Suite 73
Oakland, CA 94610

ADMISSION: There will be a \$3 entry fee for all spectators. Children under 6 are free.

CHECK IN: There will be a 1st, 2nd, and Final Call for all events (running and field). All participants **MUST** check in with the clerk of the course or at the field event ready to compete by the Final Call. Any athlete not checked in by the Final Call, will be scratched from the event. There will be NO exceptions!

WARM-UP AREA: Warm-ups will be on the baseball fields area. No athlete, coach, or spectator is allowed on the infield during the meet unless you are competing.

FALSE STARTS: This meet will utilize the "no false start" rule for Age 15+ division athletes per USATF Rule 302.2(d). Any Age 15+ division athlete who false starts will be disqualified immediately. All other divisions are allowed one false start before disqualification.

EQUIPMENT: Starting blocks will be provided by the meet management. Batons and throwing implements should be brought for usage.

RESULTS: All results will be posted following each event. Live results will also posted at www.AdkinsTrakWest.com.

AWARDS: Medals will be awarded to the top 3 overall finishers and ribbons to the 4th – 6th finishers.

CONCESSIONS: Snack bar and Meet Merchandise will be available for purchase.

Tents will be allowed at the **top of the bleachers only** on either side of the track, however, you will NOT be allowed to pitch tents Friday night.