

SPACE CITY ATHLETICS, INC. FLYING DRAGONS TRACK CLUB

Annual Invitational Track Meet

June 1, 2013

LOCATION: Westfield High School

16717 Ella Blvd. Houston Tx 77090

HOST: Flying Dragons Track Club: 832-865-2871 flying dragons@yahoo.com

FEE: \$5 per athlete 5 Uniformed Coaches FREE

\$5 per spectator 5 and under (non-competing) FREE

AGE: 18 and under

AWARDS: 1st place medals

2nd through 6th ribbons

TIME: 7:30a.m. Coaches Meeting

8:00a.m. Meet Start Time

ORDER OF EVENTS

3000M RUN
SUB MIDGETS & UP
1500 METER RACEWALK
SUB BANTAM & UP
100 METER DASH
PRIMARY & MIDGETS
80 METER HURDLES
SUB MIDGETS & MIDGETS
100 METER HURDLES
Y/Y B&G; INT/SR GIRLS

110 METER HURDLES INTER/SR BOYS

800 METER ALL 4x100 Relay ALL 400 METER DASH ALL

1500 METER Run SUB BANTAM & UP 200 METER RUN SUB YOUTH & UP 4X400 METER RELAY BANTAM & UP

FIELD EVENT

LONG JUMP ALL

TRIPLE JUMP SUB-YOUTH & UP HIGH JUMP BANTAM & UP

SHOT PUT ALL

DISCUS SUB-MIDGET & UP POLE VAULT INTERMEDIATE & UP

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

^{*}Competitors should bring their own implements to be used at Meet.