



NEW MEXICO JUMP ROPE DISTRICT TOURNAMENT

- Where:** Eisenhower Middle School, 11001 Camero Rd. NE, Albuquerque, NM 87111
- When:** May 19th 2012 - from 8:00 a.m. to 5:00 p.m.
- Hosted by:** New Mexico Synergy Jump Rope Team
- Who Should Come?** Anyone interested in competition Jump Rope for fun. The top 10 participants in each age-group and event, and the top 3 Group Routines teams in each age division, qualify to compete at the 2012 AAU Junior Olympic Games in Houston, TX, from July 25th to July 29th. Registration deadline July 2nd.
- Events:**
Singles – A Triple Crown event consisting of Speed (60 secs), Power (60 secs) and Freestyle to music (60-75 secs)
Pairs – A Triple Crown event consisting of Pairs Speed (2x30 secs), Pairs Power (2x30 secs) and Pairs Freestyle to music (60-75 secs)
Double Dutch – A Pentathlon event (4 People) consisting of Single Speed (60 secs), Single Power (60 secs), Single Freestyle (60-75 secs), Pairs Speed (4x30 secs) and Pairs Freestyle (60-75 secs). Double Dutch Freestyle to music (60-75 secs)
Junior and Senior Group Routine to music (2 to 4 minutes). 6 – 24 person event.
- Age-groups:**
Individual Females: 8 and under, 9, 10, 11, 12, 13-14, 15-17, 18-22.
Individual Males: 8 and under, 9-10, 11-12, 13-14, 15-17, 18-22.
Mixed or same gender in all other events:
Pairs: 8 and under, 9-10, 11-12, 13-14, 15-17, 18-22.
Double Dutch: 12 and under, 13-14, 15-17, 18-22.
Group Routines: 13 and under and 14-22
Age is determined by the competitor's age on September 1, 2011.

In multi-person events, age is determined by the age of the oldest competitor in the event.
- Awards:** Gold, Silver and Bronze for All Around winners in each event and age-group.
1st – 8th place ribbons for component events.
- Cost:** \$45 registration fee (Checks – Synergy Sports)
- Rules:** 2012 AAU competition rules will apply. A copy of the 2012 AAU Jump Rope Rulebook (Handbook) can be downloaded from the web at www.aasports.org. Click on Jump Rope.
- Officials:** Please note that for AAU Jump Rope Competition, one official must be provided for every 4 athletes competing from a team.
- To Register:** Entry Forms may be obtained from:
Director: Todd Aldrich
7004 Grange Ave NW, Albuquerque, NM 87120
(505) 328-7705 or CoachTodd@NMJumpRope.com
- Deadline:** April 21st, 2012 (Late fee \$10 for all late registrations)
- Spectators:** Spectators are welcome at **no charge**
- Concessions:** **Food will be available for purchase at school, if available.**
NO OUTSIDE FOOD ALLOWED

NOTES:

This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

Participants are encouraged to visit the AAU web site www.aasports.org to obtain their membership.