

**2019 MICHIGAN AAU CROSS COUNTRY DISTRICT QUALIFIER**  
**NOVEMBER 16, 2019**

- WHERE:** Victory Park  
581 Haven Rd, Albion, Michigan 49224
- SANCTIONED BY:** Amateur Athletic Union of the U.S., Inc
- HOST:** **BLAZERS TRACK CLUB**  
Dan & Vondra Davis
- AGE DIVISIONS:** 6 & under Boys and Girls Born 2013 & after-1000 meters – 1K  
7 & 8 Boys and Girls Born 2011 & 2012 -2000 meters – 2K  
9 & 10 Boys and Girls Born 2009 & 2010 – 3000 meters - 3K  
11 & 12 Boys and Girls Born 2007 & 2008 – 3000 meters – 3K  
13 & 14 Boys and Girls Born 2005 & 2006 – 4000 meters – 4K  
15 -18 Young Men & Young Women Born 2004 & 2001 – 5000 meters – 5K  
\*Athletes who are still 18 years of age on the day of the AAU National Cross Country National Championship Meet shall be eligible to compete in the Young Men & women's division
- ELIGIBILITY:** All participants must have a current AAU membership.  
AAU membership must be obtained before the competition Visit the AAU website [www.aausports.org](http://www.aausports.org) to obtain their membership.
- ENTRY FEE:** \$20.00 per Cross Country athlete must be paid. Fee must be submitted by deadline.  
AAU membership may not be included as part of the entry fee to the event.
- DEADLINE DATE:** ONLINE REGISTRATION ONLY: [WWW.COACHO.COM](http://WWW.COACHO.COM) BY THURSDAY, NOVEMBER 14, 2019.
- ADVANCEMENT:** All participants will advance to AAU CROSS COUNTRY NATIONAL CHAMPIONSHIP – DECEMBER 7, 2019 @ Victor Ashe Park, Knoxville, TN
- PACKET P/U:** Saturday November 16, 2019 – ON SITE
- AWARDS:** Top twenty (20) place finishers in each age group will receive awards

- ? This event is licensed by the Amateur Athletic Union of the U.S., Inc
- ? All participants must have a current AAU membership
- ? AAU membership may not be included as part of the entry fee to the event.
- ? AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU website @ [www.aausports.org](http://www.aausports.org) to obtain their membership
- ? **BE PREPARED:** Adult and Non athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.

For Further info contact: Dan Davis - [dkdmann1@yahoo.com](mailto:dkdmann1@yahoo.com)  
517 914 5288

## ORDER OF EVENTS

(Schedule subject to change based on number of entries)

9:00 am Coaches Packet Pickup

9:30 am Check in for first race

ALL AGE GROUPS MAYBE COMBINED BY GENDER BASED ON NUMBER OF ENTRIES!

START TIME FOR FIRST RACE IS 10:00 am, THIS WILL BE A ROLLING SCHEDULE AS TIMES BELOW ARE ESTIMATED. PLAN TO ARRIVE EARLY!

10:00 am 15-18 Young Women – 5K

10:30 am 15-18 Young Men – 5K

11:00 am 13-14 Boys & Girls – 4K

11:30 am 11-12 Boys & Girls – 3K

12:00 am 9-10 Boys & Girls – 3K

12:30 pm 7-8 Boys & Girls – 2K

1:00 pm 6 & under Boys & Girls - 1K