



Seminole Ridge Wrestling
to host
NCWA Gear Tournament

October 15th, 2016

Cost:

\$20.00 registration at the door (\$10.00 second entry, \$5.00 third entry)

NEED AAU CARD

Folkstyle Tournament

Weigh Ins:

K-8th

8:00 to 9:00 am

Start Time - 9:45 am

High School

10:00 to 11:00 am

Start Time - 11:45 am

Awards for 1st, 2nd and 3rd place.