

Wings Diving 15th Annual Halloween Invite

Meet Director: Karla Helder
Send registrations:

Karla Helder
89 Alumni Arena
Buffalo, NY 14260
Checks Payable to Wings Diving

Meet Site:

University at Buffalo
Alumni Arena, Buffalo, NY 14260
Date: 26 October, 2014
Registration Fee: \$30.00

DIVE SHEETS MUST BE IN KARLA HELDER'S HANDS BY OCTOBER 23TH TO AVOID A LATE FEE. LATE FEE REGISTRATION FEE IS \$60.00.

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

Apple bobbing contest after Novice Events

Novice Practice Time and Events:

Sunday 8-9:00am. First event starts at 9 am. All events will run simultaneously by order of the Head Witch.

Event 1) All boys 1m and Girls 3m (unless numbers call for separating into more events)

Event 2) All boys 3m and Girls 1m (unless numbers call for separating into more events)

Accelerate Practice Time and Events:

*30 min open warm ups after apple chomping

*15 minute event warm-up

*Events may be combined depending on event entries

1a: Girls 13 and under 1m 1b: Boys 13 and U 3m

2a: Boys 13 and under 1m 2b: Girls 13 and U 3m

Warm ups for 25 minutes after conclusion of event Events 3-6

3a: Girls 14-15 1m

3b: Boys 14-15 3m

4a: Boys 14- 15 1m

4b: Girls 14- 15 3m

5a: Boys 16-18 1m

5b: Girls 16-18 3m

6a: Girls 16-18 1m

6b: Boys 16-18 3m

Transportation: From Route 90 East take exit 50 (route 290 west) to the Millersport Hwy. North exit. At the 2nd traffic light turn left. Alumni Arena is directly in front of you. Park in the rear of the building by the tennis courts (next to stadium).

Dive Requirements for Accelerated and Novice Events:

Accelerated Events

Age as of Dec 31st	Girls	Boys
9-U	3 vols, 1 opt	3 vols, 1 opt
10-11	3 vols, 2 opts	3 vols, 2 opts
12-13	6 dives from 5 categories	6 dives from 5 categories
14-15	6 dives from 5 categories	6 dives from 5 categories
16-18	6 dives from 5 categories	6 dives from 5 categories

Novice

Age as of Dec 31st	Girls	Boys
9-U	4 dives/skills	4 dives/skills
10-11	4 dives/skills	4 dives/skills
12-13	5 dives/skills	5 dives/skills
14-15	5 dives/skills	5 dives/skills
16-18	6 dives/skills	6 dives/skills