



Eggleston Karate Studio
10090 Midlothian Turnpike
N. Chesterfield, VA 23235

2013 AAU Virginia Karate Super Regional Championship

May 25, 2013
Richmond, VA 23235



Eggleston Karate Studio
Mike Eggleston
AAU Virginia District Director
Ph. 804.323.7714 – www.ekskarate.com

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU **Youth** Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.
Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.
- Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership



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PLEASE PRINT

Personal Information:

Last Name _____ *First Name* _____ *Phone #* _____

Address _____ *City* _____ *State* _____ *Zip* _____

Email Address _____

Please send me information on future tournaments

BIRTHDAY: ____/____/____ **AGE:** ____ **SEX:** Male Female **HEIGHT:** ____ Feet ____ inches **WEIGHT:** ____ lbs
(mo/day/yr) As of 07/01/13

Dojo Name _____ *Sensei's Name* _____ **2013 AAU Number* _____

Will you be staying in a hotel yes No

Hotel Name _____ **Date Staying** _____

Karate Experience: *Check one below:*

I WILL COMPETE AT THE FOLLOWING LEVEL

- Beginner** *Less than 1 year (white belt)*
- Novice** *1 yr., less than 2 yrs (green belt)*
- Intermediate** *2 yrs., less than 4 yrs (brown belt)*
- Advanced** *4 yrs. or more (black belt)*

Seniors (35 + years) only:

- I am a senior/master and wish to compete in adult group (ages 19-34)**

(Check this box ONLY if you wish to compete in this group)

I WILL COMPETE IN THE FOLLOWING CATEGORIES

- Kobudo - Long Weapons**
- Kobudo - Short Weapons**
- Kata – Pee Wee 4 & under (\$10 only)**
- Kata**
- Kumite (sparring)**
- Team Kumite (sparring – Separate Form)**

Medical Information:

Check one below:

- I have NO medical problems**
- I have medical problems, but I am able to compete. Describe medical problem(s), or attach a Doctor's note.**

Method of Payment:

- Cashier's Check / Money Order (enclosed)**

WAIVER

I here by for myself, my executor(s), my heirs, forever and always agree to save and hold harmless the Amateur Athletic Union of the United States and all of its officers, referees, judges, volunteers, workers, members, tournament director, tournament promoter, tournament employees, the facility owners, their Respective officers, participating in, or other direct or indirect involvement in the AAU/USA karate Tournament that I have entered. In addition, I hereby for now and forever, accept any and all responsibilities for any actions in conjunction with the AAU/USA Karate Tournament and the traveling to or from or participating in said event. Finally, I agree to allow, without compensation, the use of any photographs, films, or videotape of myself

SIGNATURE: _____

(Parent or Guardian if under 18 years of age)



2013 AAU Virginia Super Regional Championship
 May 25, 2013 – Richmond, Virginia



To all coaches, athletes and parents,

WOW, what a tournament! The 2013 VA State Championship turned out to be a great success! The competition was amazing and the turn-out was incredible! Make sure you are in the studio training hard, we are expecting a repeat!

TRIPLE CROWN, are you still in the running? Let us know, this is the last leg and trophies are being ordered! We will also be awarding our National Championship Gold Medalist with AAU Championship rings, so if you received a gold medal at the 2012 AAU National Championship, please let us know. This is an exciting accomplishment that **ONLY** the Virginia AAU awards their athletes with, so let us know ASAP if you will be one of few who will be receiving this prestigious award.

TEAM KUMITE! Enough said! Our coaches, athletes and parents have made this one of the most exciting parts of the tournament, and this tournament will be no exception. Get your teams ready, we have brought the cups back and are excited to see which school will bring home the most!

See you on the 25th.

Best Regards, Mike Eggleston

MARK YOUR CALANDERS – SAVE THE DATES

<u>2013 VIRGINIA AAU TOURNAMENT SCHEDULE</u>		<u>2013 AAU NATIONAL TOURNAMENT SCHEDULE</u>	
Nov. (TBA)	2013 AAU Annual Fall Invitational Richmond, VA	June 26-29	2013 AAU National Championship Cincinnati, OH
		Aug. 1-3	2013 AAU Junior Olympic Game's Detroit, MI

EVENT INFORMATION

Director: Mike Eggleston, Vernon Mason
 Host: Eggleston Karate Studio, 10090 Midlothian Turnpike, N. Chesterfield, VA 23235 (804) 323-7714
 Location: Hermitage High School, 8301 Hungary Springs Road, Henrico, VA 23228

Date: Saturday May 25, 2013

Start Times: 8:00 am – 9:00 am Late Registration at door (*see Tournament Fees*)
 9:30 am – 10:00 am Official's Meetings
10:00 am Tournament Begins

Age: 5 thru Adult, Individual Competition (age as of 07/01/13)
 Competitions: Kata (Forms) - Kobudo (Short and Long Weapons) - Kumite (Sparring)
 Rules: AAU/USA – WKC
 Sanctioned by: Amateur Athletic Union of the United States
 Fees: Competitors: *See Tournament Fees*
 Spectators: \$5.00, 6 yrs. & over - 5 and under free
 Competitors: Please note: Divisions may be combined by age/experience level

TOURNAMENT FEES: (fee covers all events)

Early Registration APP. MUST BE RECEIVED BY May 20, 2013 - FEE IS \$65.00
 Late Registration (after May 20th or at door) REG. STARTS AT 8:00am–9:00am - FEE IS \$75.00
(AT DOOR REGISTRATION CASH ONLY)

CERTIFIED CHECKS OR MONEY ORDERS ONLY (NO PERSONAL CHECKS – NO CREDIT CARDS)
 PAYABLE TO: E K S
 MAIL TO: AAU Karate Event, EKS, 10090 MIDLOTHIAN TURNPIKE, N. Chesterfield, VA 23235

All Athletes must have an AAU Membership. Go to www.aausports.org to register for you AAU membership.

MANDATORY EQUIPMENT:

White Naugahyde/leather fist guards, (AAU approved)
White Foam Headgear with face shield, (Juniors)
Groin Cup Protector, (Males)
Mouth Guard

OPTIONAL EQUIPMENT:

White Cloth Shin Pads, (Adult)
White Cloth Shin/Instep Pads, (Youth)
White Foam Open Face Headgear, (Adult)

ALL RULES AND REGULATIONS MUST BE FOLLOWED.
See your Sensei for ordering mandatory equipment or you may contact us. All equipment and fees are listed on our website – www.ekskarate.com

DRESS CODE

The official AAU Karate patch must be worn for this competition (sewn on gi).

Traditional Solid White Gi (no piping or stripes)
No Rolled Sleeves or Cuffs
Pants must be 3/4 Length (between ankle and knee)
Sleeves must be 3/4 Length (between wrist and elbow)
Females Must Wear Plain White T-shirt or White Sport Bra under Top
No Headbands or Jewelry

Additional Information

Hotel Information

Country Inn and Suites
8010 West Broad Street
804-755-6605
from \$79

Best Western Executive Hotel
7707 West Broad Street
804-672-7707
from \$84

**E.K.S.
EGGLESTON KARATE STUDIO**

RICHMOND LOCATION
10090 Midlothian Turnpike
Richmond, VA 23235
804-323-7714

FARMVILLE LOCATION
215 W. Third Street
Farmville, VA 23901
434-392-8800

www.ekskarate.com
ekskarate@netzero.com

Mike Eggleston or Shelia Eggleston



TEAM KUMITE

PLEASE NOTE THAT ALL RANKS AND GENDER ARE ALLOWED.

TEAMS WILL BE SEPERATED ONLY BY AGE.

“If enough female teams sign-up we will separate by gender”

ONLY two teams, per category, per school.

If your team does not have anyone to compete against, we will refund your money.

TEAM KUMITE FEE - \$45.00 (per team)

<u>AGE GROUPS:</u>					
5-7	Male / Female	All Ranks	8-10	Male / Female	All Ranks
11-12	Male / Female	All Ranks (NEW)	13-14	Male / Female	All Ranks (NEW)
15-17	Male / Female	All Ranks	18+	Male / Female	All Ranks

PLEASE PRINT

Team Name

Team Member (1)

School Name / Instructor

Age Group

Rank

Gender

2013 AAU Number

I have NO medical problems.

I have medical problems, but I am able to compete.

Team Member (2)

School Name / Instructor

Age Group

Rank

Gender

2013 AAU Number

I have NO medical problems.

I have medical problems, but I am able to compete.

Team Member (3)

School Name / Instructor

Age Group

Rank

Gender

2013 AAU Number

I have NO medical problems.

I have medical problems, but I am able to compete.

Participation Agreement

I hereby for myself, my executor(s), my heirs, forever and always agree to save and hold harmless the Amateur Athletic Union of the United States and all of its officers, referees, judges, volunteers, workers, members, tournament director, tournament promoter, tournament employees, the facility owners, their Respective officers, participating in, or other direct or indirect involvement in the AAU/USA karate Tournament that I have entered. In addition, I hereby for now and forever, accept any and all responsibilities for any actions in conjunction with the AAU/USA Karate Tournament and the traveling to or from or participating in said event. Finally, I agree to allow, without compensation, the use of any photographs, films, or videotape of myself.

SIGNATURE: (Parent or Guardian if under 18 years of age)

Team Member (1)

Date

Team Member (2)

Date

Team Member (3)

Date