

# The Kimball Cup AAU Diving

April 5th & 6th, 2014

Hosted by High Dive Champions

Purchase College, Purchase, NY



AGE GROUPS: 9&under, 11&under,12-13,14-15,16-18 , Masters

ENTRY FEE: Divemeets.com

ENTRY DEADLINE: Thursday, April 3rd, Noon, 2014

AWARDS: Yes

FORMAT: Junior Olympic & Novice

RULES: See divemeets.com

ENTRY FEES PAYABLE ONLINE AT [divemeets.com](http://divemeets.com)

Saturday April 5th & Sunday April 6th - See event timing below.

Event Start & Projected Timing (Actual timing will depend on actual number of competitors and will vary from projected timing)

The Pool is not open prior to 12 noon .

30-45 minute warm up will be for next event only. No open warm-up.

Private Lessons with Coach Dick Kimball Saturday & Sunday (3 student max/hour)

Slot 1 9:00-10:00 Slot 2 10:00-11:00 Slot 3 11:00-12:00

## Saturday Events

	<u>Warm Up</u>	<u>Competition</u>
1. 9u,11 & Under Girls 1m / 9u,11 & Under Boys 3m	12:00-12:30	12:30-1:30
2. 11 & Under Girls 3m / 11 & Under Boys 1m	1:30-2:00	2:00-3:00
3. 12-13 Girls 1m/12-13 Boys 3m	3:00-3:30	3:30-4:30
4. 12-13 Girls 3m/12-13 Boys 1m	4:30-5:00	5:00-6:30
5. Synchro 13&Under /14 & over	4:30-5:00	5:00-6:30

## Sunday Events

6. 14-15 Girls 1m/ 14-15 Boys 3m	12:00-12:30	12:30-1:30
7. 14-15 Girls 3m/ 14-15 Boys 1m	1:30-2:00	2:00-3:00
8. 16-18 Girls ,W Masters 1m/16-18 Boys ,M Masters 3m	3:00-3:30	3:30-4:30
9. 16-18 Girls ,W Masters 3m/16-18 Boys ,M Masters 1m	4:30-5:00	5:00-6:30

Additional Details:

### Private Lessons with World-Renowned Olympic Coach Dick Kimball:

Fee: \$100 for a one hour lesson. Up to 3 divers per hour. Divers rotate on tramp in spotting rig with others resting between turns. Lessons will focus on optional dives and new dives spotted on the trampoline, by the coach who revolutionized the sport with this training technique.

Kimball's private lessons are available both Saturday and Sunday. Sign up at [divemeets.com](http://divemeets.com) for an hour slot. Slot hours are 9:00am, 10:00am, 11:00am Slots are closed out when full, so sign up early.

Prior to each event, there will be a warm-up limited to participants of that event. Awards will be presented prior to the beginning of the following event. 1m & 3m awards will be presented together by age group.

All divers must be registered with AAU.

Release: All competitors, spectators and attendees waive and release any and all rights and claims for damage against High Dive Champions, Purchase College, State University of New York, State of New York, AAU, U.S. Diving, Michael Darland and their agents, representatives, successors for any and all injuries to me at said meet and premises.

Rules: See rules detailed on [divemeets.com](http://divemeets.com). Age of athlete for this competition is based on age on December 31, 2014.

Novice Requirements: All age groups - Any 4 dives which may include Front Jump (100), Back Jump (200), Front Line-up (001), and Back Line-up (002).

Registration & Fees: \$30.00 per event. \$5.00 facility fee. All registrations on [divemeets.com](http://divemeets.com) Deadline for all registrations is Thursday, April 3rd at 12:00 noon.

Late Registration on deck is permitted but discouraged, because it can delay and significantly slow down the meet. Therefore a \$25 late fee in addition to the regular registration fee will be charged.

Events: J.O. and Novice groups will be run together.

Dives changes can be made on the board by any competitor and coach prior to the execution of a dive.

Divers must have a coach on deck in order to participate in warm-ups and events.

- ? This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- ? All participants must have a current AAU membership.
- ? AAU membership may not be included as part of the entry fee to the event.
- ? AAU Youth Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.  
Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.
- ? Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.
- ? Note: Any contacts listed within this flyer MUST have a current valid AAU Membership.

FOR MORE INFORMATION: Mike Darland 914 522-5440 ph [darland@optonline.net](mailto:darland@optonline.net)