

Trampoline & Tumbling Clinic

hosted by the A.A.U. Committee



Register now for our annual AAU Clinic!

What: A Trampoline & Tumbling Clinic for USTA & AAU Athletes
***Must be able to do a somi on trampoline and/or a handspring on floor. LIMITED TO THE FIRST 40 REGISTRANTS**

When: June 7 - 9, 2013

Where: Canton YMCA, 1325 E Ash, Canton, IL 61520

Cost: AAU National Team - FREE
\$130 for clinic and 2 nights lodging
\$105 for clinic, no lodging
Everyone will receive a free t-shirt!

Coaches will be: Debbie Barber, Jeri Inman, Jennifer Lacoste, Steve Landon, Patti Lingenfelter, Nancee Truelove, & Stella Sponsler

**PIT TRAMPOLINE - TUMBLING PIT - TUMBLE TRAK
LONG ROD FLOOR - 2 EURO TRAMPOLINE & 1 DOUBLE-MINI**

Friday, June 7	Check-in anytime after 5 p.m. with pizza at 8:30 p.m. and Open Work-out until 10 p.m.
Saturday, June 8	8 a.m. Breakfast 9 a.m. - noon Session I 12 noon Lunch 1 - 3 p.m. Session II 3 - 5 p.m. Free Time (Play Basketball or Swim) 5 p.m. Dinner 6 - 8 p.m. Session III 8 - 10 p.m. Open Work-out
Sunday, June 9	8 a.m. Breakfast 9 - 10 a.m. Free Time 10 a.m. Leave for home

This event is sanctioned by the AAU of the U.S., Inc.. All participants must have a current AAU membership - numbers must listed on the entry form or the entry will not be accepted. AAU memberships are not be included as part of the clinic fee to this event. AAU membership must be obtained before the clinic begins. Participants are encouraged to visit the AAU web site www.sports.org to obtain their membership.

To register, complete the enclosed form and return to Patti Lingenfelter.
DEADLINE: IN HAND - May 3, 2013

Clinic Registration Form

NAME: _____

CLUB: _____

PHONE # (with area code) _____

T-SHIRT SIZE: **CHILD** _____ **ADULT** _____

I will be staying overnight **YES** _____ **NO** _____

What you will need to bring:

- ★ personal toiletries
- ★ work-out clothes (no loose t-shirts, everything must be tucked in)
- ★ athletic braces, tape, under wrap
- ★ appropriate pajamas for mixed company (not skimpy or sheer)
- ★ sleeping bag (or air mattress) and pillow
- ★ swim suit, beach towel
- ★ money for food for lunch and dinner on Saturday

CHAPERONES: We will need at least three (3) chaperones to stay all night Friday & Saturday. Chaperones will not be charged for meals. We request that all chaperones not smoke or drink alcoholic beverages at any time around the athletes. If you are interested in serving as a chaperone, please sign below.

NAME: _____

PHONE # _____

The Super 8 Motel in Canton has rooms available. The telephone number is 309-647-1888 to make reservations.

TOTAL AMOUNT ENCLOSED: _____

Return to: **PATTI LINGENFELTER**
 PO BOX 135067
 CLERMONT FL 34713
 Phone: 863-420-3905
 Fax: 863-420-2050 - call to verify receipt
 Email: ustapatti@verizon.net - call to verify receipt

Make checks payable to A.A.U. T&T
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