



**HyVee Hall B
Des Moines, Iowa
MARCH 16, 2013**

...where the path begins

**FIRST ANNUAL IOWA AAU STATE
DUALS**

WHO WILL BE THE 2013 #1 DISTRICT DUAL TEAM IN THE STATE?

DUALS TEAMS WILL BE SELECTED FROM EACH DISTRICT TO REPRESENT THAT DISTRICT AT THE STATE TOURNAMENT. WRESTLERS SELECTED FOR THESE TEAMS HAVE TO HAVE WRESTED IN THEIR DISTRICT AAU TOURNAMENT. THREE DIVISIONS – A DIVISION, B DIVISION, C DIVISION

- TIME:** Doors open at 8:00 am. Wrestling begins at 9:00 am.
- WHO:** Members of Iowa AAU Wrestling who have competed at the district level for their respective districts.
- FORMAT:** Folkstyle, 4 Duals guaranteed for all Teams. Periods will be the same as the time used for the State Series. 12 Mats Provided. Eight Team Championship Brackets will be used. Seeding Criteria set by AAU committee.
- AWARDS:** AAU Championship Medals for teams and individuals. Team Trophies for 1st and 2nd place.
- TEAMS:** Weights Classes -- Same weight classes as set by the state wrestling committees for use in the State Wrestling Series. 5 Alternates, 3 Coaches, and 2 Workers
- WEIGHINS:** Satellite weigh ins will be on Friday March 15, 2013, 5:00 To 7:00 PM at Sites to be determined by each District Representative and Coach. There will also be a weigh in held at HyVee Hall B on Friday Night.

A Division: 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 108, 118, 128, 140, 155, 175 (MAX)

B Division: 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 130, 140, 150, 165, 185, 205 (MAX)

C Division: 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 260 (Max)

- This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins.
- Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership

COST: \$175.00 Per Team

OFFICIALS: HS Certified Officials Only

ADMISSION \$10.00 ADULTS/ \$5.00 KIDS (Age 5-16) / Under 5 Free

District Reps Are:

Spencer District 1- Doyle Naig

Webster City District 2 – Marcus Bruns

Waverly District 3 – Kevin Langreck

C.R. Prairie District 4 – Dustin Coufal

Bettendorf District 5 – Josh Liddle

Oskaloosa District 6 – Dan Roland

Indianola District 7 – Wes Creason

Harlan District 8 – Scott Porter

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THIS TOURNAMENT IS BEING USED AS A FUND RAISER FOR THE AAU ELEMENTARY TRAVELING TEAMS TO KINGSPORT, TENNESSEE, AND FOR THE MIDDLE SCHOOL TEAMS THAT COMPETE IN THE NATIONAL DUAL TOURNAMENT.