



PFLUGERVILLE



HAWKS TRACK MEET

JUNE 25, 2016

LAGO VISTA HIGH SCHOOL
5185 LOHAMN FORD ROAD
LAGO VISTA, TX 78645

Registration: 7:00am \$5 per athlete and \$5/spectators **Uniformed Coaches Free**

Awards: Ribbons will be given to top 3 finishers of each division

Coaches meeting will start at 7:30 am. All Events on a Rolling Schedule

Field events start at 8:00am

Long Jump	All Division
Triple Jump	Youth & Up
Discuss	Youth & Up
Shot Put	All Division
High Jump	Bantam & Up

2016 AGE DIVISIONS

8 & Under 2008 & After (Primary)	10 & Under 2006-2007 (Bantam)
12 & Under 2004-2005 (Midget)	14 & Under 2002-2003 (Youth)
16 & Under 2000-2001 (Intermediate)	18 & Under 1998-99 (Young Men/ Women)

3000m Run Starts at 8:30am Midget & Up

Running Events start at 10:00am (All Events on a Rolling Schedule)

4 x 100 Relay	All Divisions
4 x 100 Relay	Coaches Relay
800m Dash	All Divisions
80m Hurdles	Midget
100m Hurdles	Youth & Up (Girls 30"/Boys 33")
100m Hurdles	Intermediate & Young Women 33"
110m Hurdles	Intermediate & Young Men 39"
50m Dash	Munchkins 5 and under
100m Dash	All Divisions
400m Dash	All Divisions
400m Hurdles	Intermediate & Young Women 30"/Men 36"
200m Hurdles	Youth G/B 30"
200m Dash	All Divisions
1500m	All Divisions
4 x 400 Relay	All Divisions

CONCESSIONS WILL BE AVAILABLE

This event is licensed by the Amateur Athletic Union of the U. S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU Youth Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership

For additional information, please contact Coach Katina Walker at 512-779-6790 or at katina_walker@lagovista.txed.net.