# MONTANA AAU DISTRICT CROSS COUNTRY MEET

## HARDIN, MONTANA

## November 1, 2014

Location: Hardin High School Athletic Fields Check in at the north end of the Hardin H.S. Football Field from 9:30 to 10 AM Walk through at 10 AM Race at 10:30 AM

## Age Divisions and Distance of Races:

Primary girls and boys	Born 2006 and after	2 km or 1.24 miles
Bantam girls and boys	Born 2004 and 2005	3 km or 1.86 miles
Midget girls and boys	Born 2002 and 2003	3 km or 1.86 miles
Youth girls and boys	Born 2000 and 2001	4 km or 2.48 miles
Intermediate girls and boys	Born 1998 and 1999	5 km or 3.1 miles
Young women and men	Born 1996 and 1997	5 km or 3.1 miles

(Athletes may compete only in the age division that corresponds with year of birth. Boys and girls of the same age group will be run in one race. Age divisions will also run together if the race is the same distance.)

This event is licensed by the Amateur Athletic Union of the U.S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU youth athlete membership must be obtained before the competition begins. Be prepared! Adult and non athlete memberships are no longer instant and cannot be applied for at the event. Please allow at least 10 days for membership to be processed for these adult cards. Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.

<u>Current AAU card is required.</u> Regular cards cost \$14.00 and added benefit cards cost \$16.00. Flag and tackle football kids will have already registered. Please bring a copy of your card and birth certificate.

<u>Awards</u>: Top three in each age group receive medals, 4<sup>th</sup>-6<sup>th</sup> receive ribbons. These will be presented as soon as possible after the race.

<u>Advancement</u>: The top runners in each age group advance to Nationals at Lawrence, Kansas on December 6, 2014.

Questions: Call Walt or Karen Egged at 406-665-2253 or e mail eggedwar@q.com. Mail entry and check to 922 N Custer Ave, Hardin, MT 59034 by October 27, 2014 or bring them with you.

### ENTRY FORM

Name		AAU #		_Sex M or F
Address		_Birth Date		_Age
City	_State	_Zip Code	_Age Division	
Phone		_e mail	AAU Club_	

### **Hold Harmless Statement**

In consideration for my being accepted, I intend to be legally bound and do hereby, for myself and/or team, my heirs, executors, and administrator, waive, release and forever discharge any and all rights and claims for damages, which may have or which may hereafter accrue to me against the Amateur Athletic Union of the U.S., Inc., the Montana AAU District, the Hardin Sports Club, the City of Hardin , and Hardin School District 17H and 1, their agents, employees, representatives, successors, and/or assignees, for any damages which may be sustained or suffered by me in conjunction with my association with or entry in the event, and arising out of my travel to, participating in and returning from the Montana AAU District Cross Country Meet to be held in Hardin, Montana on November 1, 2014.

	Date	
Signature of Athlete		
	Date	
Signature of Parent or Guardian		