



To be held July 1st and 2nd at Northside ISD Swim Center
8400 N Loop 1604 West

AAU Format: 11 and under, 12-13, 14-15, 16-18 and 19+

Novice Groups: 13 and Under, 14 and over

Featuring 1m, 3m, Platform and Mixed Synchro

Celebrate America's Birthday with Dollar Drinks and Dogs

Platform and Synchro Events July 1st Warm-ups 2pm Start 3:30pm

Springboards July 2nd Warm-ups 7:30 am Start 9am



- This event is licensed by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. **Be Prepared:** Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.
- Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.
- **Note:** Any contacts listed within this flyer **MUST** have a current valid AAU Membership

Friday July 1st Open Boards from 2:00-3pm

Friday Event 1 Warm-up 3:00-3:30pm Start 3:30pm

Platform 11 and Under Girls (2 vols, 3 opts)

Platform 11 and Under Boys (2 vols, 3 opts)

Platform 12-13 Girls (3 vols, 3 opts)

Platform 12-13 Boys (3 vols, 4 opts)

Platform Novice 13 and Under Girls (5 dives, skills may be used, groups may be repeated)

Platform Novice 13 and Under Boys (5 dives, skills may be used, groups may be repeated)

Platform 19+ 6 Mixed (6 dives, groups, may be repeated)

Event 2

Platform 14-15 Girls (3 vols, 4 opts)

Platform 14-15 Boys (4 vols, 4 opts)

Platform 16-18 Girls (4 vols, 4 opts)

Platform 16-18 Boys (4 vols, 5 opts)

Platform Novice 14 and Over Girls (5 dives, skills may be used, groups may be repeated)

Platform Novice 14 and Over Boys (5 dives, skills may be used, groups may be repeated)

Event 3

Synchro Mixed 13 and under (Any 5 dives 1m, 3m or platform)

Synchro Mixed 14 and over (Any 5 dives 1m, 3m or platform)

Saturday July 2nd Open Boards from 7:30-8:30am

Saturday Event 4 Warm-ups 8:30-9am Start 9am

11 and Under Girls 1M (3 vols, 2 opts)

11 and Under Boys 3M (3 vols, 2 opts)

NOVICE 13 and Under Girls 1M (100, 001, 002 and 2 opts-skills may be used)

NOVICE 13 and Under Boys 3M (100, 001, 002 and 2 opts-skills may be used)

Saturday Event 5

12-13 Boys 3M (5 vols, 3 opts)

12-13 Girls 1 M (5 vols, 2 opts)

14-15 Boys 3M (5 vols, 4 opts)

14-15 Girls 1M (5 vols, 3 opts)

NOVICE 14 and over Girls 1M (001, 002 and 3 opts-skills may be used)

NOVICE 14 and over Boys 3M (001, 002 and 3 opts-skills may be used)

Saturday Event 6

16-18 Boys 3M (5 vols, 5 opts)

16-18 Girls 1M (5 vols, 4 opts)

Mixed 19+ 3M (1 vol, 5 opts)

Saturday Event 7

11 and Under Girls 3M (3 vols, 2 opts)

11 and Under Boys 1M (3 vols, 2 opts)

NOVICE 13 and Under Girls 3M (100, 001, 002 and 2 opts-skills may be used)

NOVICE 13 and Under Boys 1M (100, 001, 002 and 2 opts-skills may be used)

Saturday Event 6

12-13 Boys 1M (5 vols, 3 opts)

12-13 Girls 3 M (5 vols, 2 opts)

14-15 Boys 1M (5 vols, 4 opts)

14-15 Girls 3M (5 vols, 3 opts)

NOVICE 14 and over Girls 3M (001, 002 and 3 opts-skills may be used)

NOVICE 14 and over Boys 1M (001, 002 and 3 opts-skills may be used)

Saturday Event 7

16-18 Boys 1M (5 vols, 5 opts)

16-18 Girls 3M (5 vols, 4 opts)

Mixed 19+ 1M (1 vol, 5 opts)

Discount Six Flags tickets for all with this link [You can purchase those tickets on-line at sixflags.com/fiestatexas](http://sixflags.com/fiestatexas) using promo code: "AQUATICS".

Group E, 9 & U Boys and Girls 3 Vols, 1 opt Vols Max 1m 5.4, 3m 5.4	Group D, 10-11 Boys and Girls 3 Vols, 2 opts. Vols Max 1m 5.4, 3m 5.4	Group C, 12-13 Girls 5 vols, 2 opts Boys 5 Vols, 3 opts. Vols Max 1m 9.0, 3m 9.5	Group B, 14-15 Girls 5 vols, 3 opts Boys 5 Vols, 4 opts. Vols Max 1m 9.0, 3m 9.5	Group A, 16-18 Girls 5 vols, 4 opts Boys 5 Vols, 5 opts. Vols Max 1m 9.0, 3m 9.5
---	---	--	--	--

Age groups are determined by the divers' age on December 31, 2015.