SOUTH TEXAS AAU CROSS COUNTRY CHAMPIONSHIP

Boerne City Lake Park 1 City Lake Road Boerne, Texas 78006

> November 16, 2019 8:00AM

Event Host South Texas Athletics

Meet Director Janis Henderson 512-563-2893 janisrh4 9@gmail.com

Online Meet Registration Required at <u>www.coacho.com</u> No Same Day Onsite Registration – Deadline 11/10/19

CHECK-IN:	November 16, 2019 7:00 am - 8:00 am
ENTRY FEE:	\$20.00 - Paid at Meet Check-in
ELIGIBILITY:	Must have a current 2020 AAU membership
EVENTS:	5K (15-18); 4K (13-14); 3K (9-12); 2K (7-8); 1K (5-6)
AWARDS:	Medals to Top 3 Finishers in each age group/gender

* This event is licensed by the Amateur Athletic Union of the U.S., Inc.

^{*} All participants must have a current AAU Membership.

^{*} AAU membership may not be included as part of the entry fee to the event

^{*} AAU Youth Athlete membership must be obtained before the competition begins

^{*} BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot

^{*} be applied for at event. Please allow at least 10 days for membership to be processed

^{*} Participants can visit the AAU website <u>www.aausports.org</u> to purchase AAU Memberships.